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# Energy Imbalances and Chakras Energy Deficiencies in the Treatment of Acne

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#### Abstract

**Introduction:** Acne is the occurrence inflamed or infected sebaceous glands in the skin. According to Traditional Chinese Medicine, acne is caused by internal Heat retention and invasion of Dampness.

**Purpose:** To demonstrate the importance of the correction of the energy imbalances and chakras energy deficiency on the treatment of acne.

Methods: Two case reports of one teenager and a young adult, with acne for several years. The first patient did treatment with topical antibiotics and creams, having small improvement with relapses after the withdrawn of the medication. The second patient did two treatments with Isotretinoin, with improvement, but recurrence after the withdrawn of the medication as well. Both patients were submitted to measurement of the chakras, which revealed complete deficiency on six of the seven chakras, measured in level 1 of 8. Both patients started treatment with auricular acupuncture associated with apex ear bloodletting, Chinese dietary counselling and use of homeopathy to replenish the energy of the chakras. The second patient is performing the same treatment, with the addition of crystal-based medications.

**Results:** Both patients had improvement with the treatment instituted and are still being treated, but improvement was noticed three months after the beginning of the treatment, in the case of the first patient, and one month of treatment for the second patient.

**Conclusion:** For the treatment of patients with acne it is important to treat the energy imbalances at the root level, reorientating the diet, correcting the energy imbalances and replenishing the chakras energy with high-dilluted medications.



## Biography:

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998.

### Speaker Publications:

- 1. "The Importance of Correcting Chakras Energy Centers Alterations to Prevent Pacemaker Indication".
- 2. "Energy Alterations Leading to Dyspnea in Patients with Mitral Valve Stenosis".
- 3. "The Importance of Correcting Energy Imbalances in the Prevention and Treatment of Myocardial Infarction".

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