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## Energy Alterations as the Underlying Cause of Primary Hypertension

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## Abstract

Introduction: Primary hypertension (PI) is high-blood pressure with no known secondary cause. In secondary hypertension, there is an identifiable cause, such as kidney disease. In Traditional Chinese Medicine (TCM), PI is caused by energy imbalances, such as Liver, Heart, Stomach Fire and Phlegm retention, correspondent to imbalances of the first, third and fifth chakras centers of energy. Purpose: The purpose of this study is to demonstrate the existence of an energy-detectable cause for primary hypertension, which cannot be seen in laboratorial exams. Methods: Through four case reports, all in treatment for primary hypertension. The first patient had glaucoma, the second HIV, the third had passed through a dental implant procedure, and the fourth worked with computers all day long. All these different background would induce energy imbalances. The patients were treated with acupuncture, for maintaining the energy balance. All patients were submitted to measurement of the chakras energy, with a crystal pendulum. In all four patients, the energy of all the chakras was depleted. Considering a scale of 1 to 8 in energy, 1 as minimum and 8 as normal, all chakras were measured in 1. Patients were submitted to treatment to restore the chakras energy, with homeopathy according to the theory Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine, created by the author and crystal-based medications. Findings: In all four cases, the levels of hypertension were reduced. Conclusion: The conclusion of this study is that the primary hypertension can be caused by energy alterations leading to deficiency of the chakras energy, based on these four case reports. Patients with primary hypertension should have their chakras energy evaluated, to treat the root of the problem ant not only the symptoms.



## **Biography**:

Huang Wei Ling, Chinese raised in Brazil since the age of one, graduated in medicine in Brazil, specializing in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. She was responsible for the control of all prescribed antimicrobial medication, and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. She is the owner of the Medical Acupuncture and Pain Management Clinic, and since 1997 has been presenting her work worldwide concerning the treatment of various diseases, using techniques based on several medical traditions around the world.

## Speaker Publications:

1. "Why do Patients Still Catch Hospital Infections Despite the Practice of Infection Prevention and Control Programs?"

2. "Can hospital osteomyelitis be treated without the use of antibiotics?"

3. "How Do You Treat Benign Paroxysmal Positional Vertigo in Your Practice?"

4. "Are Acupuncture Guideliness Adequate with Regards to the Time Needles are Left in the Patient?"

5. "Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine"

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