



Efficacy of acupuncture in the diagnosis of spine and knee disorders

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Abstract

Acupuncture, an ancient form of medicine that originated in China several thousand years ago, has been practiced by US and Canadian physicians since the 1970's. Research on the neurophysiology of acupuncture analgesia supports the theory that it is mediated primarily via the selective release in the central nervous system of neuropeptides. Evidence of its anti-inflammatory effects is emerging. Meta-analyses of randomized controlled trials provide evidence for acupuncture's effectiveness in treating back pain, neck pain, and osteoarthritis. Applications of electro Acupuncture using transcutaneous electrical nerve stimulation can provide good pain relief via home treatment and make management of cancer pain using acupuncture knowledge realistic.

Biography

Vincent G Vasanthan has more than 18 years of experience in Clinical practice. He has been treating many challenging cases through a Holistic approach with American Manipulations and Acupuncture as the main criteria. He has 15 years of teaching experience in the field of Chinese and Korean Acupuncture and has been working as an Assistant Professor affiliated to the International Open University for Complementary Medicine, in association with KIU Srilanka. So far he has successfully trained more than 3500 students from all over India and Abroad, Pertaining to many departments of medicine.



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