



## Editorial- Maternal and Pediatric Nutrition (2472-1182)

Moganti Venu Mahesh

LONGDOM Maternal and Pediatric Nutrition has been started in the year 2015 and it released its first volume in the same year. Till now, the journal has released 4 volumes by the end of 2019 and is successfully running its 6<sup>th</sup> Volume.

Maternal nutrition plays a critical role in fetal growth and development. Maternal nutrition refers to the nutritional needs of women during the antenatal and postnatal period (i.e., when they are pregnant and breastfeeding) and also may refer to the pre-conceptual period (i.e., adolescence). A healthy diet helps children grow and learn. It also helps prevent obesity and weight-related diseases, such as diabetes. To give your child a nutritious diet-make half of what is on your child's plate fruits and vegetables, Choose healthy sources of protein, such as lean meat, nuts, and eggs, Serve whole-grain breads and cereals because they are high in fiber. Reduce refined grains, Broil, grill, or steam foods instead of frying them, Limit fast food and junk food, Offer water or milk instead of sugary fruit drinks and sodas.

### Classification of the Journal

- Balanced Nutrition
- Hormonal Effects
- Maternal Complications
- Maternal Exercise
- Maternal Nutrition
- Maternal Nutrition Therapy
- Maternal Stress
- New born Feeding
- Nutrition management in Pregnancy

- Paediatric Development
- Paediatric Safety
- Pediatric Nutrition
- Pediatric Nutrition Schedule
- Pediatric Nutrition Surveillance
- Pediatric Supplements

The classification extends to the above and its related topics too.

The Journal has released the conference details also in the 5<sup>th</sup> volume.

**Some of the articles released in 2019 are as follows:**

1. The Importance of Oral Health during Pregnancy and Among the Newborn.
2. The Role of Educational Status in the Etiology of Maternal Absence of Respond to a Positive Screening Result of Their Infant
3. Comparative Study on Nutritional Status of under Five Children with Employment Status of Mothers in Adama Town, Central Ethiopia.
4. Evaluation and Optimization of Extracellular Digestive Enzymes from *Bacillus* spp. Isolated from Curds.

### Social media/digital marketing

The journal always was in contact with the scientific group of the world through its mails, social media networks and its digital platforms. Some of the best ways to be in contact with the audiences are:

1. Twitter postings: Regularly posting the articles, trends, updates of the journal.

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They can be visible at: @maternalpedhea1.

2. Posting Google Analytics data in the website.
3. Using LinkedIn and Facebook for regular updates.
4. Regularly being in contact not only through mails but also through Whats App.

The complete details about the journal can be seen at: <https://www.longdom.org/maternal-pediatric-nutrition.html> For contacting us, mail us or Whats App us.

Lastly, Maternal and Pediatric Nutrition is nothing without the continuous support of the Editorial Board Members especially our Editor-in-Chief Dr. Deepti Jain. The Editorial Board members are the back bone of the journal. Along with them, authors and reviewers play a very significant role in building this journal.

So, as an Editorial Co-ordinator I invite all the extended dignitaries in this field to submit their articles for bringing this research/expertise to the global scientific community.

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Obgyn Specialist, PGIMS Rohtak  
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