

# Cotinine Inhibits Amyloid- $\beta\,$ Peptide Neurotoxicity and Oligomerization

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#### Abstract

Alzheimer's disease, the main cause of dementia, correlates with an increase in the brain levels of aggregated forms of amyloid- $\beta$  (A $\beta$ ) peptide. We investigated the effect of cotinine, the main metabolite of nicotine, on A $\beta_{1,42}$  neurotoxicity. Compared to nicotine, cotinine has a longer plasma half-life, lower toxicity and is a poor agonist of the nicotinic acetylcholine receptors (nAChRs). We found that cotinine promoted the survival of primary cortical neurons exposed to A $\beta_{1,42}$ . This neuroprotective effect was independent of the agonistic activation of the nAChRs and it was not prevented by the general nAChR antagonist mecamylamine. However, it was prevented by the pre-aggregation of A $\beta$  in absence of cotinine, suggesting that inhibition of A $\beta_{1,42}$  aggregation by cotinine is a key mechanism mediating its neuroprotective activity. The analysis of A $\beta_{1,42}$  aggregation using dot blot immunoassay showed that cotinine inhibits its oligomerization. These results suggest that cotinine prevented memory loss and reduced plaques in the brain of Tg6799 mice. This study suggests that cotinine can also inhibit neuronal cell death induced by A $\beta$  neurotoxicity.

Keywords: Alzheimer's disease; Tobacco; Oligomerization

**Abbreviations:** Aβ: Amyloid beta; ANOVA: Analysis of variance; AD: Alzheimer's disease; DIV: Days *in vitro*; nAChR: Nicotinic Acetylcholine Receptor; ns: Not Significant; PI: Propidium Iodide; h: Hours; min: Minutes; PBS: Phosphate Buffered Saline; RT: Room Temperature; sec: Seconds; TBS: Tris-Buffered Saline; TBST: TBS with 0.05% Tween 20

#### Introduction

Numerous evidence suggest that cognitive impairment in Alzheimer's disease (AD) is associated with increased levels of A $\beta$  oligomers in the brain [1]. Recently, it has been shown that cotinine prevented cognitive impairment and A $\beta$  burden in a mouse model of AD [2].

In this study, we investigated the effect of cotinine on A $\beta$  toxicity and oligomerization *in vitro*. Because the protective actions of nicotine against A $\beta$  toxicity have been attributed to the action of nicotine on the nAChRs [3], the effect of mecamylamine, a general inhibitor of the nAChRs on cotinine's neuroprotective activity was also investigated. The potential of cotinine as a new therapeutic agent against AD is discussed in light of these results.

#### Materials and Methods

#### Reagents

Cotinine and mecamylamine were purchased from Sigma-Aldrich (Saint Louis, MO, USA).  $A\beta_{1.42}$  peptide was obtained from American Peptide (Sunnyvale, CA, USA). Propidium Iodide, calcein-AM (dichlorodihydrofluorescein diacetate, CM-H2DCFDA) and cell culture reagents were obtained from Invitrogen (Carlsbad, CA, USA).

### **Cortical cells**

Embryonic rat cortical cells were prepared as described [4]. Embryonic cortical tissues (Brain Bits LLC, Springfield, IL, USA) were dissociated by trypsin digestion and repeated passages through a pipette tip. Cortical cells ( $2 \times 10^5$  cells) were plated in Neurobasal E medium, supplemented with 2% B27 and 1 mM glutamax (Invitrogen), onto tissue culture wells coated with poly-D-lysine. Cells were incubated at 37°C in a humidified incubator with 95% air/5%  $CO_2$  for 7-10 days, before analysis.

#### Preparation of Aβ oligomers

To obtain A $\beta_{1-42}$  oligomers, we used a protocol that results in solutions containing stable oligomers, but not fibrils as previously described [5]. The lyophilized A $\beta_{1-42}$  peptide (American Peptide) was dissolved in 1 volume of 1 mM NaOH and then diluted in PBS pH 7.4 to the desired concentrations.

#### Aβ toxicity assay

After 7 days *in vitro* (DIV) the cell conditioned media was replaced with Neurobasal E medium, supplemented with 2% B27 without antioxidants (Invitrogen), and cells were exposed to  $A\beta_{1-42}$  oligomers solutions in the presence or absence of cotinine (10  $\mu$ M), cotinine plus mecamylamine or mecamylamine alone for 24 h. To form A $\beta$  oligomers the peptide solutions were incubated at 4°C for 3 h before being added to the culture media. To test for specificity some experiments were performed using the reverse  $A\beta_{42-1}$  peptide.

#### MTT assay

This assay measures the viability of cells by analyzing the mitochondrial conversion of the tetrazolium salt MTT (3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyl tetrazolium bromide) to formazan [6]. Cell culture medium was replaced with Neurobasal

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medium containing freshly-dissolved MTT (0.5 mg/mL). Following 1-3 h incubation at 37°C, formazan crystals were dissolved in DMSO and absorbance at 590 nm was measured.

# Double calcein-AM and propidium iodide staining viability assay

This assay was performed as described [6], calcein-AM and propidium iodide (PI) were added to the conditioned media of the cells to reach the desired final concentrations (calcein-AM, 2  $\mu$ M; PI, 1  $\mu$ M) and incubated for 30 min. The number of calcein- and PI (red) stained cells were analyzed by fluorescence microscopy. More than 600 cells per condition were analyzed in several 20 x focal planes.

### Analysis of cotinine on A<sub>β</sub> oligomerization

For the analysis of  $A\beta_{1\text{-}42}$  oligomers, the peptide solutions (100 µM, pH 7.4) were prepared in the absence or presence of ascending concentrations of cotinine (100, 200, 500  $\mu$ M) and incubated for 2 and 6 days at 25°C. After centrifugation,  $A\beta$  oligomers were analyzed in the solutions by dot-blot analysis as described [5]. 4-8 µl of the oligomerization mixture were applied onto nitrocellulose membranes and allowed to dry. Membranes were blocked for 1 h at room temperature (RT) with 10% skim milk in Tris-buffered saline plus tween 0.05% (TBS-T), washed and incubated with either 6E10 (Covance Princeton, NJ) (1:20,000) which preferentially recognizes the monomeric form of the peptide, or the specific anti-oligomeric Aβ antibody A11 (Invitrogen) (1:500) antibodies diluted in (TBS)-T with 5% milk overnight at 4°C. The following day, membranes were washed and incubated with HRP-conjugated secondary antibody (1: 5000) for 1 h; visualized using enhanced chemi luminescence (Dura ECL, Pharmacia Biotech, Piscataway, NJ, USA), scanned on the Kodak Image Station 440CF and analyzed using NIH Image J software.

## Statistical analysis

Differences between groups were analyzed using a two-tailed unpaired Student's *t*-test. The mean values obtained for more than two groups were compared by one-way analysis of variance (ANOVA). In all of the analyses, the null hypotheses were rejected at the 0.05 level. Statistical analyses were performed using the Prism statistical program (GraphPad Software, San Diego, CA, USA). All of the group data are presented as the mean  $\pm$  SEM.

## Results

# Cotinine is neuroprotective against $A\beta$ toxicity

In the PI/calcein assay; cotinine/A $\beta$ -treated cultures showed more surviving (calcein-green fluorescent) and less degenerating (PI-stained red nuclei) cells than those treated with the A $\beta$  (5  $\mu$ M) alone. Cotinine significantly increased cell survival from 63% (A $\beta$  alone) to 83% (A $\beta$  + 10  $\mu$ M cotinine) of vehicle-treated control cells (Student's *t* test, *p* = 0.0007) (Figure 1A). The effect was specific as no toxicity was induced by the reverse A $\beta_{42-1}$  peptide (5  $\mu$ M) (data not shown).

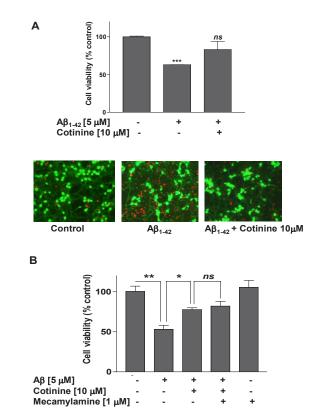
To determine whether the neuroprotective activity of cotinine involved nAChR agonism, we studied the effect of cotinine on A $\beta$  toxicity over cortical cells pre-treated with the nonselective nAChR antagonist mecamylamine. Pretreatment with mecamylamine (1  $\mu$ M), a dose that inhibits nAChRs in cultured brain cells [7], did not affect the neuroprotective activity of cotinine and the increase in neuronal survival (p > 0.05) (Figure1B).

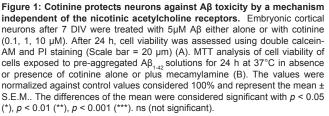
# The neuroprotective effect of cotinine against $A\beta$ depends on inhibiting the peptide aggregation

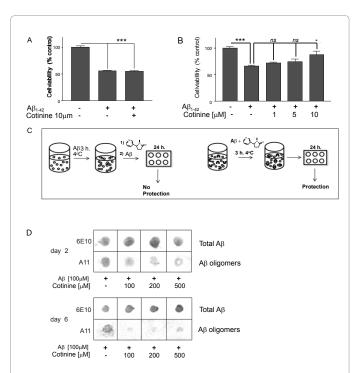
The neuroprotective effect of cotinine was dependent on  $A\beta_{1.42}$  aggregation. When  $A\beta_{1.42}$  was pre-aggregated in the absence of cotinine before being added to the cells, its toxicity was not reduced by the presence of cotinine in the culture media (Figure 2A). However, when  $A\beta$  was pre-aggregated in the presence of ascending concentrations of cotinine (1, 5, 10  $\mu$ M), its toxicity was significantly reduced (Figure 2B). Cultures treated with  $A\beta$  plus cotinine showed a significantly higher cell viability than cultures treated with  $A\beta$  alone (22% increase) (Figure 2B) (Student's *t* test, *p* = 0.019).

# Cotinine prevented $A\beta_{1-42}$ oligomerization *in vitro*

Cotinine treatment reduced  $A\beta_{1-42}$  oligomers levels in the brain of AD mice [2]. To determine whether this decrease was due to a decrease in the oligomerization of the peptide, dot-blot immunoassay analysis was performed on A $\beta$  oligomerization solutions incubated for 2 and 6 days at RT. The results show the immunoreactivity for both 6E10 and anti- A $\beta$  oligomers. The results show that cotinine, in the two days analyzed, decreased the level of A $\beta$  oligomers expressed as a reduction in the immunoreactivity for the A11 (Figure 2D, bottom).







**Figure 2:** Cotinine is neuroprotective by blocking the aggregation of A $\beta$ . 7 DIV embryonic rat cortical cells were exposed to different forms of A $\beta_{1.42}$  in absence or presence of cotinine 10µM for 24 h at 37°C. A) MTT analyses of cell viability of cells treated with pre-aggregated A $\beta_{1.42}$  in absence or presence of 10 µM cotinine. B) MTT analysis of the cell viability of cortical cells treated with A $\beta_{1.42}$  freshly dissolved in the culture media. Plots represent cell viability as percentage of vehicle-treated controls. C) Diagram representing the experimental design used. D) 100 µM A $\beta_{1.42}$  was aggregated under conditions that favor oligomerization in the presence or absence of cotinine (100, 200, 500 µM). After 2 and 6 days of incubation at RT, aliquots of the oligomerization mix were analyzed by dot-blot immunoassays using the 6E10 and the highly specific anti- oligomeric A $\beta$  antibody A11, (B). The differences were considered significant with p < 0.05 (\*), and highly significant p < 0.001 (\*\*\*), ns (not significant).

## Discussion

The oligometic forms of A $\beta$  are considered the main neurotoxic forms of the peptide and its accumulation in the brain induces synaptic and cognitive deficits *in vivo* [1,8,9].

In this study, we assessed the effect of cotinine on  $A\beta_{1.42}$  oligomerization and neurotoxicity. Interestingly we found that cotinine inhibited A $\beta$  neurotoxicity only when it was included in the pre-aggregation solutions but not when added later to the conditioned media. This result suggests that cotinine is neuroprotective mainly by inhibiting A $\beta$  aggregation *in vitro*. It has been shown that cotinine binds to A $\beta$  with high affinity (K<sub>a</sub>=10 nM) [10] inhibiting its aggregation into fibrils *in vitro* [11]. A previous study also showed that cotinine reduced oligomeric A $\beta$  levels *in vivo* [2]. However, whether the reduction in A $\beta_{1-42}$  oligomers was induced by a decrease in the peptide oligomerization it was not defined. In here, we demonstrated for first time that cotinine inhibited A $\beta_{1-42}$  oligomerization *in vitro*.

Mecamylamine, at a concentration that inhibited nAChRs in cultured brain cells [7], and block nicotine's neuroprotective activity

[12], did not affect cotinine neuroprotective activity. This evidence strongly suggests that cotinine triggers neuroprotective mechanisms distinctive from nicotine. In fact cotinine has a 100-fold lower affinity than nicotine for these receptors [13,14] and is 100-fold more toxic and 10-fold more rapid at inducing respiratory arrest than cotinine [13].

Overall, this study provides evidence that cotinine inhibits  $A\beta$  oligomerization and  $A\beta$ -induced cortical cell death. Previous evidence obtained *in vivo* [2] and this *in vitro* evidence suggests that cotinine has the potential to be a new pharmacological therapy against AD.

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