

## Correlation between Asperger's Syndrome and Autism

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### DESCRIPTION

Asperger's syndrome is part of the Autism Spectrum Disorder (ASD) group of neurodevelopmental disorders. What was previously identified as Asperger's syndrome is now considered to be on the mild end of the autism spectrum. Early identification of support networks may benefit people with autism spectrum disorder, formerly known as Asperger's syndrome. Children with this condition who attend school may be eligible for Individual Education Programs (IEPs). Children and teenagers with Asperger's syndrome and other associated conditions frequently have difficulties in school. When you're having difficulties focusing or keeping calm, learning can be challenging.

Some children with these disabilities may benefit from (or require) special education or accommodations at school to help them learn more readily. Children may be qualified for special education services, such as counseling and specific nutritional needs, depending on their academic difficulties. Inquire with your child's teacher, guidance counselor, or principal about IEPs and other sources of at-school support. There is currently no cure for ASD.

There are no home remedies or herbal supplements that have been proved to help people with Asperger's syndrome or any associated diseases. Many of the symptoms of the illness, such as depression, social anxiety, and obsessive-compulsive disorder, can be managed without surgery. Obsessive Compulsive Disorder (OCD). There are some of the therapy providers for children and people with Asperger's syndrome: Many people with Asperger's syndrome and other associated conditions go on to have successful lives. Others may require assistance in acquiring or maintaining employment, housing, or social interactions. If

we have Asperger's syndrome, structured, predictable environments and routines may be ideal for us. This type of behavioral treatment aids in the development of positive habits in everyday life. If we suspect that or a loved one has Asperger's syndrome, or if we're a teacher or caregiver concerned about someone we know, the first step is to speak with our doctor. In addition to speaking with a professional, there is a wealth of information about ASD and Asperger's syndrome, as well as support group information. It is always beneficial to keep an open mind and recognize that everyone has strengths and areas in which they may grow. Asperger's syndrome is not caused by anything.

However, research reveals that certain circumstances during pregnancy and after birth may increase the probability of a child being diagnosed with autism spectrum condition. Genes, a chromosomal disorder, during pregnancy, a mother's use of prescription medications (such as valproic acid for seizures or mood disorders, or thalidomide for anxiety) and being the child of older parents. Boys appear to be diagnosed with this kind of autism spectrum disease more frequently than girls. Boys are five times more likely than girls to have Asperger's syndrome. In the United States, the number of people diagnosed with autism spectrum disorders has risen considerably in recent years.

The cause of the increase is unknown, although it is most likely due to improvements and alterations in the diagnostic process, which result in an increase in the number of children recognized, as well as an actual increase in the incidence of the illnesses themselves. According to the CDC, one in every 59 children in the United States has autism spectrum disorder. Asperger's syndrome is no longer considered a separate diagnosis. It is currently classified as part of the autism spectrum disorder (ASD).

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