



## Clinical Evaluation of Hepatoprotective Effects of Kalmegh (*Andrographis Paniculata* Wall. Ex Nees) in Patients of Acute Viral Hepatitis

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### Abstract:

Hepatitis is becoming a great problem for the medical world due to its variable etiology and clinical presentations. It is creating dangerous life threatening conditions and becoming a burden on the society. It may be a silent killer or continue as a benign disease leading to cirrhosis, hepatocellular carcinoma (HCC) and hepatorenal syndrome etc., if it is not treated properly. Acute viral infection is the most common cause of all forms of hepatitis. The viral hepatitis have been thought to be self-limiting in nature but sometimes majority of patients of viral hepatitis have been observed ending up with a serious complications like hepatic failure etc. So, the present clinical study was planned to evaluate the hepatoprotective effect of Kalmegh (*Andrographis paniculata* Wall. ex Nees) on scientific parameters.



### Biography:

Harbans Singh has completed his M.D (Kayachikitsa) at the age of 30 years from Himachal Pradesh University, Shimla (India) and completed his PhD (Kayachikitsa) from Rajasthan Ayurveda University, Jodhpur (India) in 2008. He had worked as Associate Professor, Department of Medicine at Desh Bhagat University, Mandi Gobindgarh, Punjab (India). He is presently working as Research Officer (Ay.), Scientist-2 in Central Council of Research in Ayurveda Science, New Delhi, Ministry of AYUSH, and Government of India. He has more than 20 publications of National and International repute. He is engaged in various clinical research projects in the field of respiratory medicine and hepatology. He is also a member several national and international medical and research organizations.

### Publications:

**i. Singh Harbans**, Hepatoprotective effect of *Bhumyamalki* (*Phyllanthus fraternus* Webster) and *Phaltrikadi* decoction in patients of acute viral hepatitis *Indian Journal of Traditional Knowledge (IJTK)* Vol. 7(4), Oct., 2008, pp. 560-565.

**ii. Singh Harbans & Sharma Y K**, Clinical evaluation of the hepatoprotective effect of *Katuki* (*Picrorhizakurroa* Royle ex Benth.) processed in *Guduchi* (*Tinosporacordifolia* Wild.) Miers in patients receiving lipid lowering drugs (Statins) *Indian Journal of Traditional Knowledge (IJTK)* Vol. 10(4), Oct., 2011, pp. 657-660.

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