

Overview on Spinal Stenosis: An Image Article

Emilia Jones*

Journal of Bone Research, Longdom Publishing, Avenue Roger Vandendriessche, 18, 1150 Brussels, Belgium

Image Article

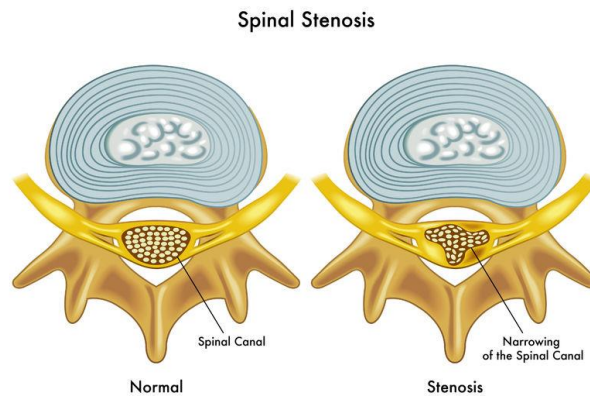


Figure 1: Spinal stenosis (or narrowing) is a common condition is caused by the narrowing of the central canal, the lateral recess, or neural foramen, which causes the compression of the nerve roots. This compression or pinching of the nerve roots results in pain, cramping, weakness or numbness. Depending upon the site of occurrence, spinal stenosis can be of two types; cervical stenosis (neck) and Lumbar stenosis (lower back). The causes for spinal stenosis include enlarged osteophytes, degenerative arthritis (osteoarthritis), thickening of the ligaments in the back, as well as by a bulging of the discs that separate the vertebrae.

Correspondence to: Emilia Jones, Journal of Bone Research, Longdom Publishing, Avenue Roger Vandendriessche, 18, 1150 Brussels, Belgium, E-mail: publisher@longdom.org

Received: February 19, 2021; **Accepted:** February 26, 2021; **Published:** March 05, 2021

Citation: Jones E. (2021) Overview on Spinal Stenosis: An Image Article. J Bone Res 9:103, DOI 10.35248/2572-4916.21.9.1.103.

Copyright: © 2020 Jones E. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.