

Case of palpitations and shortness of breath due to subacute thyroiditis in a healthy non vaccinated male with undiagnosed covid-19 infection

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Abstract

Introduction: During covid-19 pandemic several extra pulmonary effects of the disease have been observed. Multiple endocrine manifestations are also accelerated by covid-19 viruses. We observed a previously healthy male without any comorbid and undiagnosed covid-19 who presented in OPD with complaints of palpitations, shortness of breath and weakness not responding to the symptomatic therapy. On workup his ESR was high with deranged TFTs and scan favoring subacute thyroiditis. On enquiry history based covid illness was suspected which was later confirmed by presence of covid antibodies. He responded well to the NSAIDS along with steroids. In this era of covid-19 pandemic patient's history should be evaluated properly and subacute thyroiditis should be considered as one of the differentials of palpitations and shortness of breath in the absence of fever and covid antigen test in otherwise healthy individual.

Biography

Fatima Zahra has been affiliated with medical teaching institute after her specialization i.e. fellowship in internal medicine since 10 years. She has also done her fellowship training of Diabetes and Endocrinology from Jinnah Postgraduate Medical Centre. She is the author of several publications and keen of research and writing and done her certification in Medical Journalism. She is actively participating in diabetes and endocrine disorders workshops and seminars countrywide. Currently, she is employed as associate professor of medicine in Fazaia Ruth Pfau Medical College, Pakistan, executive member of Pakistan Endocrine Society and community member of AACE.



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