

# Andrology and the Men Health Issue

Paraskev Katsakori\*

Department of Urology, University of Patras, Greece

## COMMENTARY

Andrology (from Ancient Greek: ἀνήρ, anēr, genitive ἀνδρός, andros, "man"; and -λογία, -logia) is the medical specialty that deals with male health, especially relating with the issues of the male reproductive system and urological issues that are unique to men. It is the counterpart to gynaecology, which manages clinical issues which are specific to female health, particularly conceptive and urologic health.

Andrology covers oddities in the connective tissues relating to the genitalia, just as changes in the volume of cells, for example, in genital hypertrophy or macrogenitosomia. From reproductive and urologic perspectives, male-explicit clinical and surgeries incorporate vasectomy, vasovasostomy (one of the vasectomy inversion systems), orchidopexy and circumcision just as mediation to manage male genitourinary problems like the accompanying: Balanitis, Carcinoma of the penis, Cryptorchidism, Epididymitis, Epispadias, Erectile brokenness, Frenulum breve, Hydrocele, Hypospadias, Infertility, Micropenis, Orchitis, Paraphimosis, Penile crack, Peyronie's sickness, Phimosis, Post-vasectomy torment condition, Priapism, Prostate malignant growth, Prostatitis, Retrograde discharge, Seminal vesiculitis, Spermatocele, Testicular disease, Testicular twist, Varicocele.

### Infertility

Of all the fruitlessness issues, around half cases are because of male-factor barrenness. Looking for help from an Andrologist who had practical experience in Andrologist giving legitimate and opportune treatment to all male-factor infertility related issues would be a superior choice.

### Erectile Dysfunction

The powerlessness to accomplish or keep an erection while having sex is known as erectile brokenness. Men might think that it is hard

to manage the present circumstance. Be that as it may, with suitable treatment taken at the perfect opportunity, this condition can be dealt with.

### Prostate Disease

Prostate issues are normal in men beyond 50 years old. The prostate is an organ that is related with semen creation in men. Prostate organ broadening, prostatitis, and prostate malignant growth are a portion of the normal illness related with this organ.

### Male Hormone Deficiency

Any insufficiency in male chemicals or androgens, which assumes a fundamental part in giving men the male ascribes, can prompt a great deal numerous other health related issues. Counseling an andrologist can assist one with tracking down the specific reason and powerful arrangement.

Andrology can be considered as the male variant of gynecology. Andrology is another space of specialization that has not acquired as much prominence as gynecology has. Yet, lately, much consideration has been given to this space of medication because of the expanded mindfulness about men's fruitfulness and prostate issues. The doctors who work in treating men's regenerative related issues are known as Andrologists. Urologists, who work in male and female urinary framework related issues, can likewise spend significant time in Andrology.

Urologists treat patients of the both genders, and for urinary issues just as male regenerative issues. Andrologists are what might be compared to gynecologists, zeroing in totally on male reproductive issues. Andrology, the investigation of male fertility, has filled in light of the requirement for lab administrations and examination offices. The collection of symptomatic tests as of now accessible to the clinician incorporates improved semen examination, antisperm neutralizer measure, sperm entrance test and hemizona test.

\*Correspondence to: Paraskev Katsakori, Department of Urology, University of Patras, Greece, E-mail: parakatsakori@gmail.com

Received: December 10, 2021; Accepted: December 21, 2021; Published: December 28, 2021

Citation: Katsakori P (2021) Andrology and the Men Health Issue. Med Surg Urol 10:279. doi: 10.35248/2168-9857.21.10.279

Copyright: ©2021 Katsakori P. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.