

Perspective

## A Study on Biomedical Research

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## DESCRIPTION

Biomedical research is a broad field of study that focuses on strategies to prevent and treat diseases that cause illness and death in humans and animals. This overall field of research contains many parts of both the life and physical sciences. Medical research, also called as experimental medicine, includes a wide collection of research, spreading from "simple research", connecting essential scientific principles that might relate to a preclinical kind to clinical research, which includes studies of people who may be focuses in clinical trials. The scientific research necessary to recognize the fundamental life changes that have an impact on disease and human well-being, counting such parts as cellular and molecular bases of genetics, diseases, and immunology. Biomedical scientists practice scientific research to advance human health. They design studies to exam and change new usage plans, evaluate medical data to investigate pathogens and chronic diseases, as well as grow social sequencers that can increase outcomes in population health.

Biomedical research themes are:

- Cancer in biomedicine
- Cardio-respiratory
- Cell signaling
- Cellular imaging and structural biology
- Infection and immunity
- Molecular mechanisms of disease
- Biomedical neuroscience
- Stem cells

The objective of simple biomedical research is to deliver complete and detailed accepting of the mechanisms that cause the growth and normal purpose of humans and other living creatures and there by acquire visions into the compulsive and pathophysiological mechanisms that root disease. Biomedical science is usually broken into early stages, consisting of basic research and practical translational research or curing development, and late phases, including comparative efficiency, enactment, and dissemination research. Three key areas of medical research can be illustrious by study type: basic (trial), clinical, and epidemiological research. Besides, clinical and epidemiological studies can be further sub categorized as either non-interventional or interventional. Usually used methods include Immunohistochemistry, cell culture, fluorescent microscopy, genetically modified cells, Polymerase Chain Reaction (PCR), Monoclonal Antibodies (MAbs), and western blotting among others.

Many of the tools we use in clinical medicine come from biological research, but much of what has shown to be valuable for clinicians has come from domains other than direct biomedical research. X-rays and magnetic resonance imaging are both physics inventions. Genetics began in the field of botany. The Ebola virus was discovered using epidemiology and virology.

Many funding agencies, such as the National Institutes of Health, are requiring researchers to collaborate more effectively in order to get fundamental science findings faster. Translational research is the name given to this innovative approach to biomedical study. The importance of biomedical research cannot be overstated.

Biomedical research is critical since it is the initial step toward the development of novel medications and treatments to address a wide range of illnesses and disorders. Disease prevention and cure would be virtually impossible without this research. The most significant disadvantages of publishing biomedical research articles in English for non-native speakers may include: overlooking the most important local health problems, either unintentionally or deliberately; failure to conduct research due to a limited medical research budget.

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