

Research Article

A Multicenter, Retrospective Study (RE-ENACT 2) on the use of RazumabTM (World's First Biosimilar Ranibizumab) in Wet AMD, DME, RVO and Myopic CNV

Shashikant Sharma^{1*}, RE-ENACT 2 Study Investigators Group²⁻²³, Mujtaba A Khan¹ and Alok Chaturvedi¹

¹Intas Pharmaceuticals Ltd, Ahmedabad, Gujarat, India

²⁻²³RE-ENACT 2 Study Investigators Group

*Corresponding author: Dr. Shashikant Sharma, Medical Lead-Ophthalmology, Medical Services, Intas Pharmaceuticals Ltd, Ahmedabad, Gujarat, India, Tel: +91-79-61577986/+91 9998075884; E-mail: shashikant_sharma@intaspharma.com

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Abstract

Objective: The effectiveness of RazumabTM (world's first biosimilar ranibizumab) in macular disorders was established in the RE-ENACT study. The current RE-ENACT 2 study was conducted to evaluate the effectiveness of biosimilar ranibizumab in macular disorders for a longer-term.

Methods: RE-ENACT 2 was a multicenter, retrospective data collection study. Data were collected from the medical records of adult patients who received biosimilar ranibizumab injections between July 2015 and February 2019 at multiple centers (17 centers) across India. The study comprised both the previously treated and treatment naive patients. Data were analyzed for improvements in: best corrected visual acuity (BCVA), central subfield thickness (CSFT), intraocular pressure (IOP), and proportions of patients having intraretinal fluid (IRF), subretinal fluid (SRF) from baseline at Weeks 4, 8, 12, 16, 20, 24, 30, 36 and 48.

Results: A total of 341 patients were included in this study. Majority of the patients were also suffering from hypertension (58.1%) and diabetes (15.8%). The disease indications comprised wet age-related macular degeneration (wet AMD, 30.2%, n=103), retinal vein occlusion (RVO, 29.6%, n=101), diabetic macular edema (DME, 30.2%, n=103) and myopic choroidal neovascularization (mCNV, 10%, n=34). Majority of the patients were men (60.1%) and were treatment naïve (73.6%); majority (59.2%) of the patients had received 3 (range 1-5) biosimilar ranibizumab injections. From baseline to all timepoints, significant improvements (P<0.001) were observed for BCVA (baseline: 0.89 \pm 0.6; Week 48: 0.43 \pm 0.3) and CSFT (baseline: 467.09 \pm 159.6; Week 48: 296.56 \pm 49.7). Minimal changes in IOP, though not significant, were observed (baseline: 14.92 \pm 3.4; Week 48: 13.89 \pm 2.2; P=0.4307). A decrease in proportions of patients having IRF and SRF was also observed. There were no new safety concerns reported.

Conclusion: The RE-ENACT 2 study further strengthens the data of biosimilar ranibizumab with improvements in visual acuity and disease outcomes observed for a longer follow-up duration up to 48 weeks in patients with wet age-related macular degeneration, diabetic macular edema, retinal vein occlusion and myopic choroidal neovascularization without any new safety issues.

Keywords: Razumab; Biosimilar ranibizumab; Wet AMD; DME; RVO; mCNV; Anti-VEGF

Introduction

Vascular Endothelial Growth Factor (VEGF) and its receptors play a major role in vascular angiogenesis that may lead to retinal ischemiainduced neovascularization in Retinal Vein Occlusion (RVO), Diabetic Macular Edema (DME), and choroidal vascular diseases such as wet Age-related Macular Degeneration (AMD) and myopic choroidal neovascularization (mCNV). Anti-VEGF agents play a crucial role in the treatment of several macular disorders [1,2].

Ranibizumab is a recombinant humanized monoclonal murine antigen-binding fragment (Fab) antibody that binds to all isoforms of VEGF, [3] and has been used extensively for the treatment of wet AMD, DME, RVO and mCNV [4-7]. Anti-VEGF agents are the current gold standard treatment in wet AMD, a leading cause of vision loss globally [8,9]. Intravitreal ranibizumab injection has shown efficacy and safety in the treatment of wet AMD and has been approved by the US FDA and EMEA [9,10] Ranibizumab inhibits VEGF expression and thus, associated neoangiogenesis, an important step in the pathogenesis of wet AMD [11,12]. Several studies have proven the safety and efficacy of ranibizumab in the treatment of DME that resulted in its regulatory approval as the first anti-VEGF agent for DME [5]. VEGF disrupts the blood-retinal barrier, stimulates vascular endothelial growth and increases vascular permeability in the pathogenesis of RVO [13]. Ranibizumab has shown efficacy and safety in the treatment of RVO and has been approved for the treatment of macular edema secondary to RVO [13]. Clinical studies have demonstrated the safety and efficacy of anti-VEGF therapy in treating CNV secondary to pathologic myopia, and anti-VEGF agents have been proposed as first-line therapy for mCNV. Ranibizumab is the first anti-VEGF therapy approved to treat patients with mCNV [14].

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RazumabTM, world's first biosimilar ranibizumab developed by Intas Pharmaceuticals Ltd., is a cost-effective alternative which is easily accessible to patients of macular disorders, and it was approved by the Drug Controller General of India in 2015 for the treatment of wet AMD, RVO, DME, and mCNV. Sameera et al. used biosimilar ranibizumab for over a month without any detectable ocular and systemic toxicity and showed improvements in best corrected visual acuity (BCVA) and central macular thickness (CMT) in patients with wet AMD, DME, and macular edema secondary to RVO, and thus demonstrating biosimilar ranibizumab as a safe and low-cost alternative [15]. Real-life clinical effectiveness of biosimilar ranibizumab for the treatment of wet AMD, DME and RVO was established in a previous retrospective, multicenter, observational, short-term (3-months) RE-ENACT study [16-18]. The current RE-ENACT 2 study was conducted to generate long-term data on the use of biosimilar ranibizumab in the real-world clinical setting.

Methods

Study design, population, endpoints and statistical considerations

The RE-ENACT 2 study design was more or less similar but with few changes (mentioned in the discussion section) to the RE-ENACT study design, which is published elsewhere [16-18]. In RE-ENACT 2 study, the medical records of adult patients of either sex, who received intravitreal biosimilar ranibizumab injections as per routine clinical care for the management of macular disorders between July 2015 and February 2019 at 17 centers across India, were analyzed. The study included both treatment naïve and patients previously treated with other anti-VEGF/steroids/combined treatment/laser treatment. Patients were excluded if assessment of optical coherence tomography (OCT) was not available (i.e., dense cataract). This current study was conducted after ethics committee approval and in accordance with the protocol and the principles of the Helsinki Declaration.

The study endpoints included from baseline to Weeks 4, 8, 12, 16, 20, 24, 30, 36, 48: improvement in the BCVA (measured by Snellen's chart or the logMAR chart), central subfield thickness (CSFT, measured by spectral-domain OCT [SD-OCT]) and intra ocular pressure (IOP). The decrease in proportion of patients with intraretinal fluid (IRF) and subretinal fluid (SRF), measured by SD-OCT, from baseline to each timepoint, was also evaluated. The BCVA and CSFT were analyzed using two-tailed paired t-test, and IRF and SRF using χ^2 test. All statistical analyses were done using SAS* 9.4 or higher.

Results

Patients disposition and demographics

A total of 341 patients were analyzed, of which, 60.1% were men and majority (73.6%) were treatment naïve. The treatment indications included wet AMD (30.2%, n=103), RVO (29.6%, n=101), DME (30.2%, n=103) and mCNV (10%, n=34). A total of 3 biosimilar ranibizumab injections (range: 1-5 injections) were received by 59.2% patients. Majority of the patients had hypertension (58.1%) and diabetes (15.8%). The baseline BCVA, CSFT and IOP values were available in 308, 298 and 312 patients, respectively. Table 1 represents the patient disposition and baseline characteristics.

Parameters	Biosimilar ranibizumab (N=341)
Age, years (mean ± SD)	60.5 ± 11.9
Sex, n (%)	
Men	205 (60.1)
Women	136 (39.9)
Indication, n (%)	
Wet AMD	103 (30.2)
DME	103 (30.2)
RVO	101 (29.6)
mCNV	34 (10.0)
Eye treated, n (%)*	
Left	164 (48.1)
Right	177 (51.9)
Phakic vs. Pseudophakic eye, n (%)*	
Phakic eye	196 (57.5)
Pseudophakic eye	138 (40.5)
Treatment, n (%)*	
Treatment naïve	251 (73.6)

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Previously treated	68 (19.9)
Baseline BCVA Score, [logMar], mean ± SD**	0.89 ± 0.6
Baseline CSFT, μm, mean ± SD**	467.09 ± 159.6
Baseline IOP, mmHg, mean ± SD**	14.92 ± 3.4
Baseline SRF*	
Present n (%)	210 (61.6)
Absent n (%)	89 (26.1)
Baseline IRF*	
Present n (%)	236 (69.2)
Absent n (%)	69 (20.2)

Note: *Data not available for: 7 patients for phakic vs. pseudophakic eye, 22 patients for treatment naïve vs. previously treated, 42 patients for baseline SRF, and 36 patients for baseline IRF. **Baseline scores for BCVA available in 308 patients, CSFT in 298 patients and IOP in 312 patients.

Abbreviations: BCVA: Best Corrected Visual Acuity; CSFT: Central Subfield Thickness; IRF: Intra-Retinal Fluid; DME: Diabetic Macular Edema; mCNV: myopic Choroidal Neovascularization; RVO: Retinal Vein Occlusion; SD: Standard Deviation; SRF: Sub-Retinal Fluid; wet AMD: wet Age-Related Macular Degeneration.

Table 1: Patient disposition and baseline characteristics.

Best corrected visual acuity: A significant improvement (P<0.001) in the BCVA was observed from baseline to all timepoints (baseline: 0.89 \pm 0.596; Week 48: 0.43 \pm 0.3) indicating improved visual acuity. A slight decrease in BCVA improvement was observed at Weeks 30 and 36 compared to previous weeks, though these improvements were significant from baseline; the improvement was again observed thereafter (Figure 1). A maximum of 5 injections were administered and the improvements were observed up to 48 weeks. Majority (59.2%) of the patients had received 3 biosimilar ranibizumab injections, and there was a significant improvement (P<0.001) in BCVA from baseline to all timepoints in these patients. The change in mean BCVA from baseline to all timepoints did not differ significantly when evaluated for treatment naïve vs. previously treated patients (Supplementary Table 1).



Central subfield thickness: A significant (P<0.001) decrease in CSFT scores indicating improved disease condition was observed from baseline to 48 weeks (baseline: 467.09 ± 159.6 ; Week 48: 296.56 ± 49.7) (Figure 2). Improvements in CSFT were continuous till the 20th week,

after which, a slight decrease in the improvement was observed as compared with the previous weeks; however the improvements remained significant from baseline. There were significant improvements (P<0.001) in CSFT from baseline to all timepoints in

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467.09 500 450 368.21 400 322.21 350 Mean CSFT (um) 291.71 282.91 296.56 286.15 284.03 276.35 300 266.95 250 200 150 100 50 0 Week 8 Week 12 Week 16 Week 20 Week 24 Week 30 Week 36 Week 48 Baseline Week 4 (n=298) (n=288) (n=248) (n=213) (n=165) (n=148) (n=113) (n=70) (n=58)(n=55)

patients who received 3 biosimilar ranibizumab injections. The change in mean CSFT from baseline to all timepoints did not differ

Intra ocular pressure, intraretinal fluid and subretinal fluid: The changes in mean IOP scores observed from baseline to 48 weeks (14.92 \pm 3.4; 13.89 \pm 2.2) were \pm 1 mmHg at most of the timepoints and the changes were not significant. Similarly, the changes were not significant from baseline to all timepoints in patients who received 3 biosimilar ranibizumab injections. When evaluated for treatment naïve vs. previously treated patients, the changes in mean IOP from baseline to all timepoints were minimal and did not differ significantly. A significant (P<0.05) reduction in the proportion of patients having IRF or SRF from baseline to all timepoints was observed, indicating improved disease condition.

Discussion

Ranibizumab is an efficient treatment option with proven safety profile for various ocular disorders like wet AMD, DME, RVO and mCNV [19]. Several multi-center, randomized, prospective, controlled studies have confirmed the efficacy and tolerability of ranibizumab for various macular disorders. The high cost of innovator ranibizumab is a concern and ranibizumab is not affordable to many patients in developing countries such as India [15]. RazumabTM, world's first biosimilar ranibizumab was developed by Intas Pharmaceuticals Ltd., to provide a cost-effective alternative (up to 25%) and easy accessibility of ranibizumab to patients of macular disorders [20]. The biosimilar ranibizumab is being used by leading ophthalmologists in India and has demonstrated effectiveness and safety for macular disorders in prospective and retrospective studies in Indian patients [15-18].

The real-world clinical practice has reported suboptimal treatment outcomes with innovator ranibizumab as compared to that reported in controlled clinical trials [21,22]. There is a scarcity of pooled data of different indications such as wet AMD, DME, RVO and mCNV in the public domain. A previous retrospective, observational data collection study 'RE-ENACT' (n=561) evaluated the 'real-world' clinical effectiveness of biosimilar ranibizumab, and demonstrated improvements in visual acuity and decrease in macular thickness [16]. The RE-ENACT study showed significant improvements in BCVA, CMT, IRF and SRF with the use of biosimilar ranibizumab injections (3 injections) in wet AMD, DME and RVO patients for a short-term (12 weeks) duration.

significantly when evaluated for treatment naïve vs. previously treated

patients (Supplementary Table 2).

There is a requirement of long-term treatment in these chronic macular disorders with some studies having evaluated anti-VEGF treatments up to 5 years [23]. The RE-ENACT study had a short-term treatment and follow-up period of 12 weeks; hence, the current RE-ENACT 2 study was conducted to establish the 'real-world' effectiveness of biosimilar ranibizumab with a long-term treatment and follow-up duration of up to 48 weeks in a pool of patients with wet AMD, DME, RVO and additionally in patients with mCNV. This article presents the data on pooled indications while subgroup data for individual indications are planned to be published separately.

The effectiveness of biosimilar ranibizumab was measured by improvements in BCVA, CSFT, IRF and SRF in the current RE-ENACT 2 study, which demonstrated significant improvements in visual acuity (as measured by BCVA) and decrease in the macular thickness (as measured by CSFT) along with insignificant changes in IOP and decrease in proportion of patients with IRF and SRF for a longer follow-up duration (up to 48 weeks) in this pooled analysis of patients with wet AMD, DME, RVO and mCNV. Similar results with improved visual acuity (BCVA), macular thickness (CMT) and decrease in proportion of patients with IRF and SRF were reported with biosimilar ranibizumab in previous RE-ENACT study (12 weeks follow-up) in wet AMD, DME and RVO patients [16]. A prospective study also demonstrated improvements in BCVA (baseline: 0.67 ± 0.4 ; 1 month: 0.57 ± 0.4 ; P=0.001) and CMT (baseline: 345.9 ± 128.8 µm; 1 month: $287.66 \pm 90.3 \ \mu\text{m}$; P=0.001) with biosimilar ranibizumab in a pool of patients with wet AMD, DME and RVO [15].

Patients in the RE-ENACT study received 3 biosimilar ranibizumab injections but in the RE-ENACT 2 study, patients received 1 to 5



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biosimilar ranibizumab injections overall. The pooled results from RE-ENACT study showed improvement in the visual acuity starting after the 1st biosimilar ranibizumab injection, which was maintained throughout the study period. The RE-ENACT 2 study also showed similar improvements in BCVA starting after the 1st injection, which was maintained throughout the 48-week study period.

The study limitations included its retrospective nature. Furthermore, the complete information on adverse events was not captured in the medical records, thus, not used in the analysis. However, there were no significant adverse events observed as compared with the innovator ranibizumab. This study measured the visual acuity with logMAR BCVA/Snellen's charts, which is considered inferior to the Early Treatment Diabetic Retinopathy Study (ETDRS) charts, used commonly in controlled clinical studies [24].

Conclusion

The RE-EANCT 2 study reinforces RazumabTM, the world's first biosimilar of ranibizumab, as an effective treatment option in managing several macular disorders like wet AMD, DME, RVO and mCNV by reducing macular thickness and improving visual acuity.

This long-term RE-ENACT 2 study provides a clear picture about the effectiveness of the biosimilar ranibizumab in the real-world setting with effects of biosimilar ranibizumab seen as early as after the first injection with improvements lasting up to 48 weeks.

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RE-ENACT 2 Study Investigators Group

1. Dr. Manjunath Bhaskar Anandkumar, MS, Ganesh Netralaya, Sirsi, Karnataka, India,

2. Dr. Sangita Jain, MS, Dev Bhumi Superspeciality Hospital, Dehradun, Uttarakhand, India,

3. Dr. Hemanth Murthy, MD, Retina Institute of Karnataka, Bangalore, Karnataka, India,

4. Dr. Naveenam Srinivasa Murlidhar, MD, Retina Institute of Karnataka, Bangalore, Karnataka, India,

5. Dr. Raj Shri Hirawat, MD, Gomabai Netralaya, Neemuch, Madhya Pradesh, India,

6. Dr. Aditya Sudhalkar, MS, Sudhalkar Eye Hospital, Baroda, Gujarat, India,

7. Dr. Amarendra Deka, MS, Mission Netralaya, Shillong, Meghalaya, India,

8. Dr. Alay Banker, MS, Banker Retina Clinic & Laser Centre, Ahmedabad, Gujarat, India,

9. Dr. Vatsal Parikh, MS, Drushti Eye And Retina Centre, Mumbai, Maharashtra, India,

10. Dr. Manisha Agarwal, MS, Dr. Shroff Charity Eye Hospital, New Delhi, India,

11. Dr. Charu Mithal, MS, Visitech Jasola Eye Centre, New Delhi, India,

12. Dr. Rajender Pal Singh, MD, Visitech Jasola Eye Centre, New Delhi, India,

13. Dr. Deepti Kulkarni, DNB, Ameya Laser & Research Pvt. Ltd., Miraj, Maharashtra, India,

14. Dr. Abhishek Desai, FRCS, Shri Ganpati Netralaya, Jalna, Maharashtra, India,

15. Dr. Rushikesh Naigaonkar, DNB, Shri Ganpati Netralaya, Jalna, Maharashtra, India,

16. Dr. Nishikant Borse, MS, Insight Eye Clinic, Mumbai, Maharashtra, India,

17. Dr. Simanta Pradeep Saikia, MS, Mission Netralaya, Shillong, Meghalaya, India,

18. Dr. Atul kumar Sahu, MS, RKN Eye Care, Varanasi, Uttar Pradesh, India,

19. Dr. Shobhna Mange, MS, Shivam Retina Clinic, Surat, Gujarat, India,

20. Dr. Arup Chakraborty, MS, Amulya Jyoti Eye Foundation, Kolkata, West Bengal, India,

21. Dr. Suprakash Roy, MS, Nivedita Eye Care And Microsurgery Centre, Bankura, West Bengal, India,

22. Dr. Valensha Surong, FRCS, Mission Netralaya, Shillong, Meghalaya, India.

Author Disclosure Statement

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