

Autism Spectrum Disorder: How Does It Effects Human Brain?

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DESCRIPTION

Autism Spectrum Disorder is a medical condition that affects the development of the brain. It is a complicated, long-term developmental condition that affects a person's social abilities, communication, relationships, and self-control. It usually appears in early childhood. The specific origin of autism is unknown, early detection and effective therapy, such as homoeopathy, can help a person live a better life.

Symptom

The symptoms of autism in children are included:

1. Milestones delayed.
2. A child who is socially uncomfortable.
3. The child who has difficulty communicating verbally and nonverbally.

Autism spectrum disorder (ASD) shows itself in a variety of ways in different persons. It's a type of developmental disorder that impacts how people communicate, act, and interact with others. There is no single treatment for autism spectrum condition at the moment (ASD). Treatment helps many persons with ASD, regardless of their age at the time of diagnosis.

People of all ages and abilities can often benefit from well-designed interventions. However, there are a variety of approaches that can be used to reduce symptoms and increase abilities. If people with ASD receive the right therapies and interventions, they have the best opportunity of employing all of their strengths and capabilities.

The most effective therapy and interventions are frequently unique to each individual. Most persons with ASD, on the other hand, benefit from highly structured and specialized programs. Treatment for autism can help people with daily tasks and minimize symptoms in some circumstances.

Even if child hasn't been officially diagnosed with autism spectrum condition, certain treatments may be beneficial. Individuals with Disabilities Education Act (IDEA) allows for these treatments for children under the age of three who are at

risk of developmental difficulties. The sort of autism spectrum disorder treatment your child receives is determined by their unique needs. Because ASD is a spectrum condition (meaning some children have minimal symptoms while others have severe symptoms), there are many different treatments available. They can include a variety of therapies to help with speech and behavior, as well as drugs to help with any medical concerns associated with autism.

Treatment

The treatments that will assist child the most will vary depending on their situation and needs, but the goal will always be the same: to lessen symptoms and increase learning and development. Autism spectrum disorder is a condition that affects how a person interacts with others, socializes, and behaves. It was previously divided into other disorders, such as Asperger's syndrome. It's now recognized as a disorder with a wide range of symptoms and severity disorder.

There is no cure for autism, but there are various approaches that can help children and adults with autism improve their social functioning, learning, and quality of life. Some people may only require minimal assistance, while others may require extensive therapy.

Behavioral therapies based on Applied Behavioral Analysis (ABA) are the most effective interventions available. Based on child's skills and requirements, there are many different forms of ABA to choose from. Occupational therapy, speech therapy, physical therapy, and pharmaceutical therapy are some other therapeutic choices to consider.

Treatment aims to lessen the burden of ASD's basic characteristics and accompanying deficiencies while also increasing functional independence and quality of life. Autism can be treated in a variety of ways, but there is no cure. There is no single treatment that can help with autism's primary symptoms. However, there are therapies and medications that can help children and adults with autism, as well as therapies and medications that can harm them.

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Received: 06-May-2022, Manuscript No. AUO-22-17842; **Editor assigned:** 10-May-2022, PreQC No. AUO-22-17842 (PQ); **Reviewed:** 24-May-2022, QC No. AUO-22-17842; **Revised:** 31-May-2022, Manuscript No. AUO-22-17842 (R); **Published:** 07-Jun-2022, DOI: 10.35248/2165-7890.22.12.322.

Citation: Timtar F (2022) A Description on Symptom and Treatment of Autism. *Autism Open Access*.12: 322.

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Ayurvedic treatment for Autism

Autism is treated in Ayurveda by factoring its origin, location of ailment, nature, and imbalanced. We recognize that natural modalities such as food for autism, workouts for autism, Yoga for autism, Pranayama for autism, lifestyle management for autism, and natural supplements for autism can effectively combat this problem by promoting a healthy mental state. Autism impairs a child's sensory processing ability (particularly in eating). Recommend a customized autism diet plan that appropriately nourishes the patient's brain while also improving the patient's damaged digestion. Autism awareness and have placed a particular emphasis on the need to provide healthy solutions for both children and adults with autism. Ayurvedic herbs' function in mental health acts upon a lot of study and

development to come up with natural supplements that support the brain's healthy functioning by enhancing intellect and learning capacities in kids and people with autism.

Natural treatment for Autism

Innovative treatment strategy for both syndromic (intellectual deficiency is compounded with other disorders such as Down syndrome) and non-syndromic (intellectual deficit is unitary) autism helps the patient's body to remove toxins and reduce the manifestation of other diseases. Vata-controlling therapies for autism assist patients to reduce sensory allergies (light, sound, etc.) by integrating themselves with their surroundings. The improvement of verbal communication in autistic people is also aided by Vata optimization.