

## **Hospice care and physical therapy and emergency nursing healthcare**

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### **Abstract (Limit 600Words):**

Physical therapists are movement experts whose job it is to enhance the quality of life of a person through prescribed exercise, hands-on care, and patient education, says the American Physical Therapy Association. They teach patients how to prevent or manage their condition in order to achieve long-term health benefits. In the case of hospice patients, PTs design their programs customized to each individual in order to optimize the remaining quality of life. PTs develop a plan, utilizing treatment techniques to allow the patient to more freely move while reducing pain, restoring function, and preventing further disability. In hospice care, physical therapists help patients maintain self-identity, achieve a comfort level, and best utilize their remaining abilities as the gradual decline in functional abilities, roles, and expectations happens. In the hospice setting, a physical therapist can evaluate a patient's ability to move around safely, determining what problems they have in doing so, and assisting with walking and getting in and out of bed. They can also help them safely transfer from chair to bed, from wheelchair to bedroom, or from wheelchair to car. Such therapists assess the patient's level of pain, then provide therapies that help to reduce pain. Some therapies may include strengthening exercises, which can be determined on a case by case basis.

### **Importance of Research (Limit 200Words):**

Alternative, complementary and integrative therapies area unit the non-main stream practices of today's treatments for the health care either among the place of, or in conjunction with the standard drugs and by the customized religious and emotional care. Medicine is employed in conjunction with thought medical aid. Associate in nursing example is mistreatment treatment to assist with facet effects of cancer treatment. Once health care suppliers and facilities supply each forms of care, it's referred to as integrative drugs. Medicine is employed rather than thought medical aid. Integrative health brings typical and complementary approaches along in a very coordinated manner. Integrative health aims for well-coordinated care among completely different suppliers and

establishments by transportation typical and complementary approaches along to worry for the total person. Medicine may be a term that describes medical treatments that area unit used rather than ancient (mainstream) therapies. Some individuals conjointly sit down with it as "integrative or "complementary" drugs. Examples of complementary medicine include: Alternative health approaches such as traditional Chinese medicine, homeopathy, and naturopathy. Mind and body practices like acupuncture, massage therapy, and tai chi. Natural products like herbs, dietary supplements, and probiotic.

### **Speaker / Student Image:**



### **Biography (Limit 200words):**

Dr. Bloomer joined the faculty of The University of Memphis as an Assistant Professor in the Department of Health and Sport Sciences in 2004, having held prior positions at Duke University Medical Center and Wake Forest University. He holds the rank of Professor and serves as the Dean of the College of Health Sciences & R. Brad Martin Student Wellness Center. He also serves as the Director of the Cardiorespiratory/ Metabolic Laboratory and the Center for Nutraceutical and Dietary Supplement Research. He maintains an active research agenda, having received external funding as principal investigator for close to 60 research projects. As a result of his active research agenda, he has been lead or co-author on close to 200 peer-reviewed manuscripts and book chapters. In 2013 he co-authored the book, The Daniel Cure (Zondervan), which highlights his research with the dietary restriction model known as the Daniel Fast.



### Institute / University / Lab Photograph:

In 1909, the Tennessee Legislature enacted the General Education Bill. This bill stated that three colleges be established, one within each grand division of the state and one additional school for African-

### Institute Information (Limit 200 words):

American students. After much bidding and campaigning, the state had to choose between two sites to build the new college for West Tennessee: Jackson and Memphis. Memphis was chosen, one of the main reasons being the proximity of the rail line to the site proposed to build the new college for West Tennessee. This would allow professors and students to go home and visit their relatives. The other three schools established through the General Education Act evolved into East Tennessee State University (ETSU), Middle Tennessee State University (MTSU), and Tennessee State University. The name changed in 1925 to West Tennessee State Teachers College. In 1931, the campus' first newspaper, The Tiger Rag, was established. In 1939, Richard C. Jones became president of WTSTC. In 1941, the name was changed to Memphis State College, when the college expanded its liberal arts curriculum. In 1943, Dr. Jennings B. Sanders succeeded Jones as president

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