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## When Survivor's Give Birth

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When Survivors Give Birth provides information for maternity care professionals and paraprofessionals, mental health therapists and counselors, and women survivors and their families. This presentation compassionately addresses the unusual and distressing challenges that arise for abuse survivors during the childbirth experience.

Also important to address are the clinical challenges and solutions for doctors, nurses, midwives, doulas, and others.

#### Objectives:

After this workshop you will be able to --

- Describe the possible signs of Childhood/Adulthood sexual abuse in birthing people.
- Restate the definition of childhood sexual abuse (CSA).
- Identify the prevalence of CSA and common characteristics of perpetrators.
- Explain the short-term and long-term effects on child victims.
- Explain the impact of CSA on memory.
- Describe adult manifestations of CSA and the impact on adults.
- Illustrate how to open the conversation about possible abuse with clients.
- Examine the impact of CSA abuse on the pregnant woman.
- Examine the impact of CSA abuse on labor and birth.
- Employ the Caregiver's Motto.
- Examine the impact of sexual abuse on postpartum.
- Manage support after a traumatic birth.
- Provide sensitive and appropriate care for survivors of CSA.

#### Biography

Barbara Hotelling has been a birth doula and childbirth educator since 1982. She later became a birth doula trainer and Lamaze educator trainer and has worked with pregnant and parenting teens. Recently she has studied When Survivors Give Birth and is trained to teach the program. She studies birth psychology with the Association for Pre and Perinatal Psychology.

Currently she is a Consultant Nurse Educator at Duke University's School of Nursing where she has the honor of passing along information about parent education, birth doula, trauma effects and trauma prevention to gift and altruistic nursing students.

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