The impact of substance misuse disorder on psychosocial aspects of patients' lives

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Background: One of the most common features of addiction is that the patient lacks the ability to steadily withdraw from the addictive substance, impairment in behavioral control, craving, diminished recognition of significant problems in one's behavior and interpersonal relationships, and dysfunctional emotional responses

Objectives: The aim of this study was to determine the psychosocial impact of substance use/abuse on participant's psychosocial life.

Methodology: The study was employed descriptive explanatory design with purposive sampling was used, and 181 male participants were recruited at the Al-Amal Hospital in Jeddah. The psychosocial life aspect of patient life was assessed by using a validated scale

Results: Data were analyzed by the SPSS-23. The most commonly used substances were amphetamines, alcohol and marijuana. The greatest effect of substance use was on self-esteem, followed by anxiety, depression, hostility and risk taking. Interestingly, group one (alcohol) and group three (amphetamine) showed the highest psychosocial influence.

Conclusions: Substance use and abuse significantly affected psychosocial aspects, especially self-esteem and depression.

Biography

Abd Alhadi Hasan is an associate professor in Psychiatric and Mental Health Nursing. He has been graduated from the Nottingham University in 2015. My research interest is related to psychosocial impact of substance abuse disorder. He has several publications in this area and my teaching and learning experience is about 10 years.

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