

## The era of breast fillers: Post-breast augmentation complications and predicaments by following unorthodox and disesteemed procedures

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**B**reast cancer surgery must now be carried out with due consideration of cosmetic outcome without oncological compromise. Disfiguring and mutilating excisions are no longer justified and are unacceptable. Surgeons must balance the oncological and cosmetic needs of individual patients and understand the principles thereof. It is essential that the surgeon discusses management options with the concerned individual and arrive at a balanced judgment which considers the age, medical and psychological background in coherence with the desires and expectations of the woman involved. Breast augmentation could be done by either silicon or saline implants.

The cheapest and non-surgical procedure for augmentation is breast injection, autologous fat transplantation (micro-lipo-injection) with stem cell breast augmentation. Autologous breast augmentation procedure uses a woman's own fat instead of breast implants to enlarge the size of the breasts. The disadvantages of breast injection are the following: patients are more prone to get infected, less satisfied and poorly screened. Unfortunately, unprofessional workers use this technique with unapproved materials to enlarge breast size. These substances are hormones or unknown materials in nature like minerals oil, vaseline and liquid silicon. 32 patients were included in this 2-year study with pain, infected area, inflammations and other symptoms. All patients underwent investigations, ultrasound, mammogram and MRI. The treatment of late and delayed adverse effects is challenging. Breast enlargement injections may seem like a simple and economic solution for increasing bust size when compared to invasive surgery, but they are by no means safe. It is highly advisable to look for other breast enlargement techniques before considering breast enlargement injections due to the dangerous side effects caused by the latter.

### Biography

Mervat Al Saleh is from Kuwait University and she is the most expertise member in Breast Cancer from Kuwait.