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## Subjective Well-Being of myTribals and Non-Tribals

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The measurement of subjective well-being is an important component which determines the overall level of development in a society. This term is used to describe how individuals experience and assess varying facets of their lives, including specific domains and activities. Considering how important the well-being of the subjects is in place of developmental parameters, a study has been undertaken to assess the well-being of the subjects in both tribal and non-tribal communities. Through this study, a better grasp of the well-being of these communities can be achieved, leading to more effective measures for development and progress. The investigation's goal was also to assess the health status of tribes in India and the primary things altering their health. Among the 28 states of India, Odisha has the third highest percentage of tribal population. The sample size of the explorers is 200. Respondents are from Mayurbhanj, Jajpur, and Keonjhar districts of Odisha. Out of 200 participants, 100 are tribal and 100 are non-tribal. Both groups are administered a subjective well-being inventory. A T-test was used to test the variations between the two groups. In the study, a notable distinction is found between tribals and non-tribals regarding subjective well-being. An increased degree of personal happiness is seen among non-tribal people compared to tribal people. Poverty, poor health, a shortage of education, and social exclusion are a few explanations for low subjective well-being among non-tribal people. These issues can lead to mental health problems. Addressing them is crucial for a more equitable society.

**Key Words-** Subjective well-being, Tribals, Non-tribals, indicator, domain, parameter, measure T-test, social exclusion

### Biography

Lipsita Dash is an accomplished academic affiliated with Gangadhar Meher University, India. With a strong focus on [specific field or research area], she has contributed to advancing knowledge and understanding in her domain. Lipsita is passionate about research, innovation, and mentoring students to achieve academic excellence. Her work has been recognized through [awards/publications/contributions]. She remains dedicated to fostering growth in education and research.