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**Related factors with women's health promotion behaviors: Review**Fatemeh Raeesian<sup>1</sup>, Maedeh Rezaei<sup>1</sup> and Sareh Bakouie<sup>2</sup><sup>1</sup>Islamic Azad University, Iran<sup>2</sup>Qom University of Medical Sciences, Iran

**Introduction & Aim:** According to the definition of health by WHO, health promotion is meant to empower people to understand the factors affecting individual-social health and the correct decision-making. Therefore, healthy living requires the recognition of health promotion behaviors to prevent of diseases. Therefore, the purpose of this study is review on Related Factors with Women's Health Promotion Behaviors.

**Materials & Methods:** The researchers primarily searched in public databases, including Google Scholar and more specific databases such as SID, Magiran and then Web Of Science, Science Direct, PubMed and in Medical Journals and Elsevier using the Subject Heading (Mesh), keywords include in mental hygiene, lifestyles, related factors, women, reproductive age and promotion, health were also applied and the relevant papers were selected from the years 2000-2018. Finally, the data of 34 papers were extracted.

**Findings:** The factors responsible Promoting women's health is organized on the three categories. First-category bio-psycho-socio-economic factors (wife employment, social support, balanced relaxation, health services, life in the city center, university education for men and women, general welfare, mental well-being, stress management, nutrition, interpersonal relationships, behavior in interpersonal relationships, the place of residence, lifestyles, income adequacy for living, spirituality, social interactions, regular exercise, healthy relaxation,). The second category is emotional and sexual function factors (affection, interpersonal and situational influences, love and affection, the presence of the spouse, sexual health). Third category is attitude and education (beliefs, education, men's awareness of their responsibilities, awareness of health, knowledge and literacy, education, health promotion activities and perceived health).

**Conclusion:** Therefore, knowing the factors related to the health of women provides an opportunity for the most appropriate strategy, such as couples counseling to become familiar with individual and interpersonal behaviors and health promotion behaviors.

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