

World Conference on **ADDICTION PSYCHIATRY**

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Psychosocial contributors to drug relapse among drug addicts**Najma Iqbal Malik***University of Sargodha, Pakistan.*

The current research aimed to explore the psycho-social factors affecting drug relapse among drug addicts. A purposive sample comprised of male relapse drug addicts (N=116) was included in the study. General Self-Efficacy Scale, NEO- Five Factors inventory, the Social Support Scale and the Stigma Scale were used to measure the constructs of the study. Results of the study revealed that self-efficacy has a significant negative relationship with neuroticism and Stigma, but a significant positive relationship with social support, and personality traits i.e., Extroversion, Openness, Agreeableness and Conscientiousness. Multiple regression analysis showed the significant impact of self-efficacy, social support, personality traits (Conscientiousness and Neuroticism) and stigma for causing drug relapse. Social support was also found to be a significant moderator in the relationship between self-efficacy and stigma; and a significant moderating role of self-efficacy in the relationship between social support and stigma. It was concluded that psychosocial factors such as Self-efficacy, social support, personality traits and stigma have a significant role in causing addiction relapse and these variables also have a significant correlation with each other.

Biography

Najma Iqbal Malik has her expertise in evaluation and passion for improving health and wellbeing through counselling services. Her services for first aid mental health during COVID-19 were recognized on the national level and her contribution in an uplift of mental and well-being of the general public and mental health practitioners through the energy management plan creates new pathways for improving healthcare.