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**PNEUMOPERITONEUM IN RECTAL POLYEMBOLOKOILAMANIA****Joel Joy Thomas***Barking Havering and Redbridge University, United Kingdom*

Foreign body insertion in the rectum is not a very common presentation in the emergency department but this is common among individuals with a history of self-harm, personality disorders, and other psychosomatic illnesses. It is often diagnosed on abdominal x-rays; however, a CT scan of the abdomen and pelvis may be warranted when perforation is suspected. To diagnose an anorectal foreign body, clinicians must maintain a high level of suspicion. Because of embarrassment or maybe psychological concerns, the patient may not be ready to share all the information. Healthcare providers must hence show empathy and compassion while being calm and non-judgmental. Here, we present a case of an 80-year-old male who underwent a laparotomy for removal of a large foreign body that was inserted in the rectum and caused a gastrointestinal perforation. There is also a detailed explanation of the mental capacity assessment and the psychological approach used in this situation. This case was published in CUREUS Journal (Pubmed Indexed) in November 2021.

**Biography**

Joel Thomas has completed his undergraduate medical school training from Jawaharlal Nehru Medical College, Maharashtra, India and thereafter moved to London, UK to pursue further training in General Surgery. He has published a range of case reports and papers in reputed journals and has also presented his works at various international platforms. He has been organising various surgical courses for junior doctors across the region and is actively involved in organising and conducting teaching sessions.