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## Our experience of Heller's cardiomyotomy with Dor's repair, 25 cases

**Rajendra Bagree**

SMS Medical College, India

In the era of reflex diseases of GIT, the laparoscopic Heller's cardiomyotomy with Dor's repair is the gold standard treatment for achalasia cardia after failure of the medical management. We reviewed our results of laparoscopic cardiomyotomy over a 30 month period. In series of 25 cases of GI reflex disease which was reported to us after failure of medical management, typically presented with bird beak appearance in barium swallow. Every patient was investigated thoroughly and planned for laparoscopic Heller's cardiomyotomy with Dor's repair (5 cm esophageal and 1 cm cardiomyotomy). Duration of surgery was approximately 60 minutes without any complications and patient started orally clear fluids on same day postoperatively and semisolid started on day-2 post-operatively. Patient is discharged on 2-3 days of hospital stay with excellent outcomes. To conclude the laparoscopic Heller's cardiomyotomy with Dor's repair is the gold standard surgical treatment, which reveals better cosmetics, prompt recovery with least morbidity and early resumption of work with expertise.

### Biography

Rajendra Bagree is a Senior Professor in the Department of General Surgery, SMS Medical College, Jaipur, India. Working in this field since 20 years, he has an experience of 17 total laparoscopic Whipple's procedures. He has an incredible experience of performing more than 5000 laparoscopic cholecystectomies. He has 15 publications so far and another 8 in the pipeline.