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## One Stage Laparoscopic Sleeve Gastrectomy and Multiple Hernia Repair Is It Possible And Save ?

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**B**ariatric surgery, also called weight-loss surgery, is very effective for people who are not able to lose weight or maintain weight loss with diet and exercise alone. Most people can expect to lose between 35%-70% of their excess body weight one year after having bariatric surgery. Obesity, defined as a body mass index (BMI)  $\geq 30$  kg/m<sup>2</sup>, has been associated with an elevated risk for the development of abdominal wall hernias (AWH). This risk is likely due to multiple factors, such as: increased visceral fat, intra-abdominal pressure, increased abdominal wall circumference, increase risk of surgical site infections (SSI).

The benefit for doing one stage laparoscopic sleeve gastrectomy and multiple hernia repair: the patient should not have reoperated for the other indication. This one stage laparoscopic procedure we can do it if we establish the patient safety criteria. Using a synthetic mesh in patient for hernia repair after sleeve gastrectomy considered this operation is clean. The ideal timing for hernia repair remains controversial, there are have scenarios: Hernia repair prior to bariatric surgery, bariatric surgery followed by hernia repair and simultaneous bariatric procedure and hernia repair. Each procedure can be done according to their respective criteria.

### Biography

I am a Digestive Surgeon who believes that patient care should be a physician's first priority. I am specializes in digestive surgery with most of the procedures do laparoscopically. My activity in laparoscopic surgery field: President of Indonesian Society of Endo-laparoscopic Surgeons ( ISES ), Former Vice President of Endoscopic Laparoscopic Surgeons of Asia (ELSA), Advisory Board Member of Indonesian Digestive Surgeons Association (IDSA), International Honorary Member of Japan Society for Endoscopic Surgery (JSES), Board Member of Asia Pacific Endo-Lap Surgery Group (APELS), Board Member of Asia Pacific Metabolic and Bariatric Surgery Society (APMBSS), and many more.

I am completed my medical degree at Padjadjaran University Bandung in 1983, continue my study in Department of Surgery University of Indonesia 1991 (graduated) , and completed as Digestive Surgeon in University of Indonesia 1997 . Now I work in Premier Bintaro Hospital and Mayapada Hospital Jakarta as a Digestive Surgeon.