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Obesity increases your risk of severe illness from Covid 19 risk

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Obesity is defined; as chronic and severe disease in developed and developing countries, affecting both adults and children disease. Coincident with the high rates of obesity, the prevalence of other chronic diseases. Obesity has become a worldwide epidemic. The World Health Organization predicts that by the year 2015, 2.3 billion adults will be overweight (body mass index [BMI] ≥ 25) with 700 million being classified as clinically obese (BMI ≥ 30). Obesity has been linked to numerous health problems and chronic diseases, including type 2 diabetes, hypertension, dyslipidemia, certain cancers, and cardiovascular diseases. The first human cases of Covid-19, the disease caused by the

novel coronavirus causing Covid-19, subsequently named SARS-CoV-2 were first reported by officials in Wuhan City, China, in December 2019.

Biography

Nevin Borzan is a dietitian. He is doing his Masters and he will be finish after 2 months later took part many international Conferences. He spoke about Covid 19 and Nutrition. He has 2 Article in English about enteral parenteral Nutrition.

Keywords: Obesity, Covid 19, Immun System, BMI

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