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## My experience for Aponeurotic Blepharoptosis

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**Introduction:** Recently, aponeurotic blepharoptosis has been shown to cause symptoms of unknown origin, such as headache, shoulder stiffness and sleeplessness. A total of 366 patients who had aponeurotic blepharoptosis underwent reconstructive surgery. Among them, 224 answered a questionnaire preoperatively and at the first week and third month postoperatively investigating the symptoms and their improvement.

**Results:** Headache and heavy eyelids improved in nearly 100% of the patients and shoulder stiffness and wrinkles in the forehead improved in >75% of patients. However, constipation and sleeplessness did not significantly improve.

**Discussion:** Symptoms of unknown origin caused by aponeurotic blepharoptosis commonly occur in the skin, tendon membrane and nerve. Surgical intervention highly improved the symptoms in the skin and tendon membranes but not in the nerve. Therefore, these aspects should be properly explained preoperatively to patients with aponeurotic blepharoptosis. This study reported improvement of symptoms of unknown origin caused by aponeurotic blepharoptosis with several considerations.

## Biography

Shintaro Asai has a passion for plastic surgery and aesthetic surgery and graduated from Nagoya University school of Medicine in 1990. He has experience in research, evaluation, teaching and administration both in hospital and education institutions for many years, especially interested in the research of mammary reconstruction.

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