

Global Summit on SKIN CARE AND COSMETOLOGY

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My Cosmetic procedure for blepharoptosis**Shintaro Asai***Nagoya Kyoritsu Hospital, Japan*

Introduction: A cosmetic procedure for blepharoptosis is very important. Recently, aponeurotic blepharoptosis has been shown to cause symptoms of unknown origin, such as headache, shoulder stiffness, and sleeplessness. A total of 366 patients who had aponeurotic blepharoptosis underwent cosmetic procedure of blepharoplasty. Among them, 224 answered a questionnaire preoperatively and at the first week and third months postoperatively, investigating the symptoms and their improvement.

Results: Headache and heavy eyelids improved in nearly 100% of the patients, and shoulder stiffness and wrinkles in the forehead improved in >75% of patients. However, constipation and sleeplessness did not significantly improve. Also almost of them have been satisfied in cosmetic results.

Discussion: Symptoms of unknown origin caused by aponeurotic blepharoptosis commonly occur in the skin, tendon membrane, and nerve. Surgical intervention highly improved symptoms in the skin and tendon membranes but not in the nerve. Therefore, these aspects should be properly explained preoperatively to patients with aponeurotic blepharoptosis. This study reported improvement of symptoms of unknown origin caused by aponeurotic blepharoptosis with several considerations.

Biography

Shintaro asai has a passion for plastic surgery and aesthetic surgery, graduated Nagoya University school of Medicine in 1990. He has experienced in research, evaluation, teaching and administration both in hospital and education institutions for many years, especially interested in the research of blepharoplasty and blepharoptosis. Now, His institute is Nagoya Kyoritsu Hospital, Nagoya Japan.