

Musculoskeletal disorders in dentistry

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Musculoskeletal disorders (MSDs) are conditions that can affect muscles, bones, and joints. Dentistry is a profession with a high prevalence of work-related musculoskeletal disorders due to multi causes body posture; repetition poor design equipment's or improperly use of the vibrating tools and other factors. Prevention and good ergonomic interventions are important to improve musculoskeletal

health.

Biography

Sahar Samir ALMansouri has completed her Saudi Board in Advance restorative dentistry in 2015. She is consultant in Restorative Dentistry in Prince Sultan Military Medical City, KSA.

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