

### **Mastectomies women and life dissatisfaction: Nursing view**

**Somaya El-Sayed Abou-Abdou**  
Suez Canal University, Egypt

**Background:** Breast cancer disease and its treatment often turns into a psychological health problem that affect both acceptance of body image and satisfaction of sexual life. The Psychiatric consultation liaison nurse plays an important role in enhancement the psychological problems derived from breast cancer and provide effective management of care.

**Aim of the Study:** Determine effect of breast cancer lines of treatment on body image and sexual life among married women.

**Setting:** The study was conducted in oncology unit and oncologic outpatient clinics at Suez Canal University Hospitals, Ismailia, Egypt.

**Sample:** Accidental sample of 125 mastectomies women were selected in this study.

**Tools:** Data was collected using one to one interview method to fill four structured questionnaires and rating scale. Tools of data collection were personal, sexual and clinical data. Breast Impact of Treatment Scale (BITS), Female Sexual Function Index (FSFI) and Women's and Partners Reactions Post Mastectomy (developed by the researcher).

**Results:** More than half of studied women have low satisfaction about their level of body image, about one third of them were unsatisfied with their sexual life. Most of the studied women expressed dissatisfaction about desire, orgasm and lubrication. There is statistical significance relation between, body image satisfaction and treatment received women and husbands' reactions, female sexual function index.

**Conclusion:** Cancer Breast Women with mastectomy received other chemical and radiological lines of treatment suffer many problems which affect their satisfaction with their body image and physical fitness.

**Recommendation:** Psychiatric liaison nursing service should be generalized to all hospitals especially in critical care units.

### **Biography**

Somaya El-Sayed Abou-Abdou is professor of psychiatric & mental health nursing. The ex- dean faculty of nursing, Suez Canal University, Ismailia, Egypt. Now the vice dean, post-graduate and research affairs, also the visiting scientist, Queen's University School of Nursing, Kingston, Canada. A consultant in nursing education for Maastricht University. Active membership of psycho-oncology society. Reviewer of many international & national journals for example in Archives of Psychiatric Nursing journal the editor of nursing scientific journal. His research interest in oncology area, community & psychiatry mental health nursing, human sexuality & psych-oncology nursing.