

## Low back pain and sciatica in over 16s, assessment and management – An audit

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The Audit had a distinctive objective to establish the extent to which our current practice complied with the validated NICE guidelines. Identifying risk factors that may predict when a single back pain episode will become a long-term, persistent pain condition leading to quality of life often very low and healthcare resource use high.

The data was collected through hospital records and E-care. Number of patients presenting in A&E with back pain during the period of one month were noted. Patient data was further filtered based on the clinical diagnosis of any acute spinal issues requiring treatment/management or back pain associated with any other ongoing medical/surgical issues. Different parameters were compared to the current NICE guidelines for Low back pain and Sciatica in over 16s, Assessment and management (NG 59).

It was noticed that there was a lack of compliance at different levels in accordance with the NICE guidelines. The lack of compliance could be one of the major factors leading to patients repeated A&E presentations with back pain. Recommendations were made to create awareness amongst the A&E doctors and staff in regards to the NICE guidelines and taking further steps to ensure compliance .

### Biography

Dr. Muhammad Haris Qureshi has completed his MBBS from University of Health Sciences Lahore Pakistan.. To Pursue his speciality training he moved to UK in 2019. With previous work experience in Trauma he is currently working as a Clinical fellow in Emergency Medicine. The doctor has special interest in Research studies in regards to Emergency Medicine and Pre Hospital Medicine.

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