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Is there relationship between *Toxoplasma gondii* IgG seropositivity and idiopathic Parkinsonism and does it have correlation with cortisol blood level?

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Background: Some researches linked between latent Toxoplasmosis and neurological diseases, now the main interest is the probable relation between toxoplasmosis and neurological diseases as epilepsy and Parkinsonism.

Aim: To detect the incidence of *Toxoplasma gondii* infection in patients idiopathic Parkinsonism and correlate it to their blood level of cortisol.

Materials and methods: This study was conducted on 30 idiopathic Parkinson's Patients, 30 psychiatric Patients, 30 apparently healthy individuals. All subjects were submitted to a questionnaire, detection of anti-*Toxoplasma* IgM, anti-*Toxoplasma* IgG and cortisol level by ELISA.

Results: Of the 90 cases; 41.11% and 1.11% were positive for anti-*Toxoplasma* IgM and IgG, respectively. The percentage of positive anti-*Toxoplasma* IgG cases was in healthy group (46.67%) followed by Parkinsonism group (43.3%). Mean cortisol level higher in Parkinson's group than other groups but still within normal levels. Contact to cats, drinking unfiltered water and consuming unwashed raw vegetables was significantly higher in *Toxoplasma* IgG seropositive Parkinson's patients. Highest anti-*Toxoplasma* IgG positive cases in Parkinson's group were detected in stage 3 of the disease.

Conclusion: A high *Toxoplasma* seropositivity in association with Parkinsonism. *Toxoplasma gondii* oocyst may be was the most probable main mode of transmission of *Toxoplasma gondii* in idiopathic Parkinson's patients. *Toxoplasma gondii* may worsen idiopathic Parkinsonism. Cortisol level was higher in Parkinson's patients; still it showed no significant relationship with *Toxoplasma gondii* seropositivity.

Keywords: *Toxoplasma gondii*, Toxoplasmosis, Parkinson's disease, Cortisol.

Biography

Ahmed Abdelrahman Daoud has completed his PhD in Medical parasitology at the faculty of medicine Tanta University 1980 and another PhD in Microbiology and Immunology in 1992 at Cairo Military Medical Academy.

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