

Global Summit on **PHYSIOLOGY AND METABOLISM OF THYROID**

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Hypothyroidism in pregnancy; an overlooked health concern**Sufia Athar***Al-Wakra Hospital, Qatar*

Hypothyroidisms in pregnancy is not uncommon. Lack of maternal awareness regarding hypothyroidism and its effects, impedes their compliance with the treatment and follow up. Untreated hypothyroidism may be associated with miscarriage, preterm birth, birth weight disorders, IUFD, preeclampsia, post-partum hemorrhage, abruption placenta and anemia. In Qatar, with diverse nationalities of patient, there is a need to look into the prevalence of hypothyroidism and complications associated in pregnancy. This will be beneficial in reducing maternal and fetal morbidity by addressing them as high-risk pregnancy and offering these patients early booking in the clinic. So, a retrospective trial was conducted to assess the fetal outcomes in hypothyroid pregnant women and their post-partum compliance was assessed.

Biography

Dr Sufia Athar MBBS, DNB, Fellow in Minimal Invasive Surgery, Fellow Indian College of Obstetrician and Gynecologists. Specialized in high-risk Obstetrics, minimally Invasive Gynecology Surgery and infertility. Specialized in patients' safety from the John Hopkins University, USA. Certified in Global Health, Harvard T.H. Chan School of Public Health, USA. Specialized in digital health from Imperial College London. Presented and published many clinical papers and posters. Received prizes for the best papers and posters in several conferences.