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Harmful habits in children and their impact on the bite formation

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Observation in the general practice of an orthodontist shows that every third patient has a violation of the bite structure and 30% of these pathologies are associated with harmful infant's habits. These habits include long-term use of a nipple or bottle, chin support, sucking of fingers or other objects, laying tongue between teeth and mouth type of breathing. To address the issue of eliminating bad habits, parents and doctors need to be integrated and learn how to work together to improve the quality of life of their children and patients and prevent the formation of wrong bites. In this report, we will look at what harmful habits are most common, how they affect the formation of bite in children and how to psychologically and physiologically stimulate a child to refuse them.

Biography

Horopatska Anna-Mariia works in International Academy of Ecology and Medicine, Ukraine