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Gluten sensitive patients with steroid-mercury induced rosacea is treatable with cutting-edge ingredient "Hematite: Raw organic extracts of Iron minerals" and 0% gluten diet; micro collagen in diet and topically in skin care regimen daily for healthy skin in Caucasians and Asians of all skin type

Nadia Rumman
Cardiff University, United Kingdom

My knowledge of health and skin combined with experiences from personal day to day life along with patient's skin care regimen designed specifically for cleansing and exfoliation, rehydration and rejuvenation by stimulating collagen IV and stem cells at the basement membrane to promote increased blood flow at cellular and microbiome activation by tissue healing in steroid-mercury fairness cream induced rosacea and unhealthy skin due to gluten sensitivity. Henceforth, micro collagen and omega fatty acids along with 0% gluten diet daily and skin care routine gives a brighter and radiant looking skin that makes skin look healthy, slows the aging by plumping the skin, protects the barrier rich in lipid-ceramides; and skin's texture and tone is restored through "repair and heal" making the skin brighter and gluten free sensitive.

Biography

Nadia Rumman is a dermatologist and aesthetic medicine specialist with research interest in gluten sensitivity. She completed her MSc Clinical Dermatology, Cardiff University, UK, 2011- 2012. She also completed Master of Public Health (Epidemiology), 2009, Bangladesh. She is trained in Aesthetic Medicine, USA, and Facial Aesthetics, Sweden. She is pioneer in skin charity and a humanitarian and also a TV personality in Bangladesh. She has over two publications that have been cited 200 times and has been serving as an editorial board member of multinational multiple journals since 2015 till date.

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