

## Geriatric care in Pakistan; Issues & Challenges- A pathway to be paved

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**Background:** With advancements in medical & nursing fields it had been noticed that globally phenomenon of aging is going to be entirely an experience of attention. Health care providers including all stakeholders have to pay an extra ordinary interest to formulate a comprehensive and systematical elderly care. Geriatric care is now forecast as a vital need of the aging population especially in Pakistan where the development of health care system needs special consideration. Elderly care in Pakistan needs to be emphasized more vigorously as aging population is deprived of resources & a systemic framework with a comprehensive care designed especially for this vulnerable group.

**Objective:** This study will recognize & classify the challenges & aspects of elderly care in Pakistan with a special focus on nursing staff and policy makers to develop a pathway to help this vulnerable population to receive the best possible.

**Discussion:** The current health care system and the nursing education, training and services system in Pakistan is not well established and does not provide a comprehensive care system which may meet the needs of elderly population. The increasing number of older people worldwide is getting a considerable attention globally. The challenges & issues faced in Pakistan become more serious due to the limited resources, lack of focused care system and deficiency of awareness of the concerned issue

### Biography

Farhana Tabassum completed her BS Nursing at RMIT University, Australia at 1999, did her Diploma on Nursing at Aga Khan University at 1984. She worked in Pakistan Army at AFNS and also she is a head of EMS Faculty at Al Ghad College of Health Sciences, Jeddah. She represented the First "Nursing Now" Summit inaugurated by President of Pakistan at President House. She received the First Metropolitan Nursing Award by Karachi Mayor 2018. She has attended many National and International Conferences all around the world for about 15 years. Her Research work in the field of Nursing received many awards and Honors.

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