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Geriatric and Low Vision

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With age, visual impairment becomes more common. According to estimates, 5.5 million Americans aged 40 and older are blind or have low vision. Aging is a process, not a disease. Presbyopia, decreased contrast sensitivity, decreased dark/light adaptation, and delayed glare recovery are all common visual changes that people experience as they get older. Low vision is a frequent problem among the elderly. Macular degeneration, open-angle glaucoma, cataract, and diabetic retinopathy are the most common age-related ocular disorders. As clinicians, we must be aware that people are living longer lives, and we need to be prepared to be able to see more geriatric patients in our busy clinics on a daily basis. This course will include aging and geriatric care, as well as geriatric syndromes and the most common elderly ocular diseases.

Biography:

Al-Namaeh is a clinician and a consultant in Kentucky, USA. She has been also an adjunct professor at Oulu University of Applied Sciences in Finland, Europe. Al-Namaeh is a regular member of grant review panels for a national organization. Al-Namaeh is a committee member at various professionals' meetings. She has been selected at the Editorial Boards of national journal in the field. She has lectured by invitations to national and international meetings. She has several articles and abstracts publications.