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Family social support and children's mental health resilience during Covid-19. Case of morocco

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This research aims to investigate the impact of the family on the social support for children with mental health disorders in a vulnerable environment such as the COVID-19 pandemic and the ability of parents to provide consistent care giving using their social support. The main question of this research paper is: what is the impact of the family in the situation of COVID-19 on the diversity of the processes actors provided in creating social adaptability for children with mental health? The previous question was treated via the following hypotheses: H1: the more the whole family is committed to the social support of the child with a mental health disorder, the less independent the achievement of resilience on an individual basis; H2: the more the child with a mental illness belongs to the family, the greater the family's involvement in social support, even for low-income families. This quantitative field study was conducted in southern Morocco by contacting a sample of respondents (86 respondents) from health institutions, civil society, and the children's parents and relatives. The study reflected two main findings: that the majority of children were with their families during the pandemic; and the lack of independence of parents and children in the adjustment process.

Biography

Mohamed Kadiri researches the changes that have infected society, family, social capital, norms, and values, particularly with the geographical mobility from rural to urban areas. This mobility has resulted in several social problems for children, adolescents, women, and the elderly.

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