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Experiences relating to sexual well-being among Muslim gynecological cancer survivors: a systematic review and Meta synthesis

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Statement of the Problem: The objective of this review is to synthesize and present the best available evidence on the experiences relating to sexual well-being among Muslim women with gynecological cancer.

Methodology & Theoretical Orientation: The databases searched until August 2021. The review was guided by the JBI methodology used for qualitative systematic reviews.

Findings: Synthesized finding 1: Reluctance to engage in sexual activity due to physical and emotional affect, fear of rejection by the husband and lack of sexual information from health professionals. Synthesized finding 2: Struggle with intimacy and sexual pleasure due to body image changes, loss of femininity and sexual anxiety. Synthesized finding 3: Religious and cultural obligation to fulfil the sexual needs of the husband. Synthesized finding 4: Psychosexual interventions and husband's support assisting to improve sexual satisfaction

Conclusion & Significance: Gynaecological cancer and its treatment results in numerous challenges with sexual wellbeing among Muslim women cancer survivors. Providing information about sexual activity following gynaecological cancer, better communication from health care professionals and support from the husband is essential to overcome the struggle with intimacy and femininity experienced by the women thus improving the sexual quality of life of Muslim gynaecological cancer survivors.

Biography

I am PhD in nursing in Iran and my expertise is in evaluation in improving the situation and wellbeing in patients with cancer and their survivors. I have international articles about this issues and interested in collaboration with all researcher in this field in the worldwide. I have worked as a clinical nurse for about 8 years and I have a warm relations with patients and their families. nd I am very good at team work as a researcher.

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