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ENERGY ALTERATIONS IN WOMEN IN MENOPAUSE

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Statement of the problem: Menopause symptoms such as hot flashes, night sweats, irritability, and brain fog are considered common for women over 50. Traditional Chinese medicine (TCM) recognizes menopause as part of the natural aging process and is often caused by Kidney Yin Deficiency.

Purpose: The purpose of this study is to demonstrate that menopause symptoms have energy alterations associated with it, and that the correction of these energy alterations may be effective for the alleviation of symptoms, with no hormone replacement needed.

Methods: Through three cases reports. The first patient is M.G.B, 46 years old, woman, divorced, with a child. Symptoms: Low libido, fatigue, hair loss, irritability and dull skin. The second is A.N.T, 69, woman. The patient is diabetic, overweight and has hypertension. Symptoms: Excessive sweating during the day and night, hot flashes, irritability, vaginal dryness and pain during intercourse. When looking for a gynecologist, hormone replacement treatment was recommended. The third case is M.S., 58 years old. Symptoms: Hot flashes, fatigue and night sweats. Two years ago, she was recommended the use of hormone treatments. After two years with the use of hormones, mammography detected a malignant carcinoma, diagnosed by biopsy and a bilateral mastectomy was recommended in March 2020. The three patients went through the chakras' energies meridians measurement through radiesthesia procedure. The treatment was carried out with Chinese dietary counselling; auricular acupuncture with apex ear bloodletting; homeopathy medications according to the theory created by the author Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine, and crystal-based medications.

Results: All three patients' perceived improvement with the symptoms of hot flashes, excessive sweating and irritability with the treatment proposed. The hormones were suspended on the second and third patients.

Conclusion: The treatment proposed using Chinese dietary counselling, acupuncture and chakras' energies replenishment using high-diluted medication is another option to reduce symptoms associated with menopause.

Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates. Researcher in the University of São Paulo, in the Ophthalmology department from 2012 to 2013. Author of the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. Author of more than 100 publications about treatment of variety of diseases rebalancing the internal energy using Hippocrates thoughts.