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Deciphering Herbal Alternative Medicines in Neuropsychiatry**Dileep Kumar, Chinmay Malvankar***Poona college of Pharmacy, Bharati Vidyapeeth, Pune*

Many people throughout the india are using various forms of alternative therapies. A extensive literature search and an Internet database query were performed to determine the types and frequency of alternative therapies used, with special attention given to the herbal medicines used in neuropsychiatric disorders. Clinical manifestation, mechanisms of action, interactions, and adverse reactions of the herbal treatments are detailed. Objective controlled trials will be needed to establish safety and efficacy of herbal supplements. Deatiled knowladge from tehse studies amy be useful for the care of neuropsychiatric patients in near future. "Natural" products may provide a new source of beneficial neuropsychotropic drugs. Monotherapy or augmentation withit could produce treatment strategies with the possibility of fewer or minimal side effects for patients. We investigated some indian medicinal plants for this studies and found it to be fruitful.

Biography

Dileep Kumar received his B. Pharm from Manipal College of Pharmaceutical Sciences, Manipal University,. During his research, he published many research and review articles in peer-reviewed journals. He was awarded Junior Research fellowship by National Medicinal Plant Board (NMPB) New Delhi, Senior Research Fellowship from University Grants Commission (UGC), Teaching Assistantship and institute Post-Doctoral fellowship from IIT (BHU) Varanasi. At present, he is teaching as an assistant professor at Poona College of pharmacy, Bharti Vidyapeeth University Pune.