

International Conference on
Clinical & Experimental Dermatology, Plastic Surgery

September 17, 2021 | Webinar

Crops of Papules and papulonodular plaques- An unusual presentation of cutaneous metastasis- A case report and literature review

Cutaneous Metastasis refers to a growth of neoplastic cells in the skin originating from an internal malignancy. Morphologically the metastasis could take multiple morphologies. We report a case of cutaneous metastasis in a female of age 34 years. She initially presented with a 2 years history of progressive appearance of multiple asymptomatic clusters of monomorphic papulonodular lesions widespread on her trunk, lower limbs and genitalia later developed dyspnoea and weight loss. Chest CT showed moderate pleural effusion and multiple lymphadenopathies and right sided lung mass/consolidation. Histopathological evidences of cutaneous biopsy revealed cutaneous metastasis consistent with the lung primary

Biography

Dr. Zaima Sohail Chaudhry, FCPS-II Dermatology, CAAAM(USA), is a Fellowship trained Clinical Dermatologist and Cosmetic Dermatologic Surgeon at Department of Dermatology, King Edward Medical University/Mayo Hospital Lahore, Pakistan. She holds a diverse clinical exposure, both at hospital and clinical settings, has an expertise in Facial Augmentation treating cosmetic facial disfigurements, neuromodulators, dermal fillers, tumescent liposuction, blepharoplasty, rhytidectomy, hair restoration and incorporating advanced Lasers in photorejuvenation and Cutaneous Surgery. Pertaining her interest in Cutaneous Oncology and Moh's Micrographic Surgery, she is concentrating on establishing the role of dermoscopy in diagnosing premalignant facial pigmented lesions, recent advancements in Melanoma Treatment, determining rare clinical manifestations of Cutaneous Metastasis, while looking forward to acquiring a second Fellowship in Moh's Surgery.

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