

Complex dental management of a common dental condition

Abeer A. Al Sounbl

Prince Sultan Military Medical City, Saudi Arabia

Dental-discoloration is a frequent finding associated with clinical and esthetic tribulations. It presents the dental-team with two-major challenges; the first is to ascertain the cause of the stain; whereas the second is its management. It's well-known that during the past-decade, demand for esthetic-dentistry has grown dramatically. This presentation will illustrate steps in comprehensive dental-therapy with emphasizes on managing dental-discolorations.



A 45-year old Saudi female suffering from distinct discolored and missing teeth, multiple defected restorations and substandard endodontic therapy presented to the clinic in quest of complex dental- treatment chiefly focusing on eliminating discoloration while restoring esthetics and function.



Formulation of treatment-plan attentive to patients' concerns with emphasizes on the primary culprit of dental fluorosis by means of bleaching, tooth- coloured restorations, ceramic veneers, in addition to definitive fixed prosthesis either

implant or tooth supported.



Fortunately all pre-set aesthetic and functional -objectives have been achieved with in the five months' time frame, with high patient satisfaction and appreciation to the results rendered.

In conclusion dental-discoloration is a common dental presentation that requires drastic intervention with ample knowledge and clinical skills.



Biography

I am Abeer Abdullah Al Sounbl I have done my Bachelor of Dental Surgery (B.D.S.) – September 1999. College of Dentistry, King Saud University Riyadh, Kingdom of Saudi Arabia. Internship Training Program (1999-2000) College of Dentistry, King Saud University, Riyadh & Advanced Education in General Dentistry (AEGD) (2003-2005) Graduated with Certificates of School of Dentistry, University of Southern California Prince Abdulrahman Advanced Dental Institute (PAADI) & Saudi Board in Advanced Restorative Dentistry Program (SBARD);(2004-2008) Training centers Prince Abdulrahman Advanced Dental Institute (PAADI) (2004). Riyadh Dental Center, Riyadh Medical Complex.

aalsounble@gmail.com

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