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Child Sexual Abuse, Trauma Alcohol and Drug Dependency: Association and Disassociation In Alcohol and Drug Treatment for Children

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Statement of problem: Children who have suffered from sexual abuse from a tender age are at a bigger risk for victimization and to suffer from post-traumatic substance disorders (PTSD) and co-occurring mental disorders. Like social isolation, stress, depression, and alcohol and drug dependency.

Purpose of study: a way forward to provide assistance to children suffering from post-traumatic substance disorder (PTSD) due (CSA) child sexual abuse.

Findings: Researchers have reported that children with such traumatic experiences at a tender age face difficulties in absorbing therapeutic treatment, which makes it hard for such sexual victims to interact and to maintain a healthy relationship in a community. (Social isolation). However, the in-depth study of child sexual abuse (CSA) is still of great concern.

Methods: A longitudinal and a cross sectional study is put in place to create a data collection occurring from one year. Women of age 14, who have experienced CSA in their various communities, had suffered from PTSD and mental disorders were asked to participate.

Conclusion and importance: Based on the results, women who experienced CSA and ASA were significantly victimized over one year, than women who have been reported to suffer from adult sexual abuse (ASA).

Recommendation: A framework will be put in place to improve the relationship of the victim during counseling therapy sessions, cognitive behavioral therapy and religious base counseling institutions to help the participant recover and believe in themselves.

Biography

Penn Eric Khan is a PhD student in Sahmyook University, South Korea. He is interested in lifestyle and rehabilitation. He has two years of teaching experience after obtaining a Master's degree in Counseling and Psychology. An aspiring Psychotherapist, aimed at working with clients who are affected by difficulties such as depression, phobias, stress, anxiety, emotional and relationship problems, physical or psychosomatic disorders and behavioural problems amongst others.

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