

18th Asia Pacific

OPHTHALMOLOGISTS ANNUAL MEETING

July 29-30, 2019 | Melbourne, Australia

Chakras energy deficiency as the cause of chronic conjunctival hyperemia**Huang Wei Ling**

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Introduction: Conjunctival Hyperemia (CH) is a reaction that appears as dilation and redness of the conjunctival vessels. In Western medicine, the CH can be caused by viral or bacterial infections, as well as allergic reactions. The treatment in Western medicine is based in symptom relief. According to Traditional Chinese Medicine (TCM), the eye is commanded by the energy of the Liver and the redness linked to conjunctival hyperemia is due to heat retention. The objective is to demonstrate that chronic conjunctival hyperemia is caused by systemic energy deficiency of the chakra centers, leading to formation of internal heat manifesting in hyperemia in the conjunctival mucosa.

Case Reports: It includes two case reports. The first case is a 12-year-old boy, with conjunctival hyperemia since five years old, making use of eye drops during years. He searched for treatment with auricular acupuncture with apex ear bloodletting, Chinese dietary counselling, and chakras measurement that resulted in level 1 in 8 of energy for all the chakras. Second case is a 55-year-old male; the redness in the eyes was noticed in the physical exam. The doctor suggested auricular acupuncture and apex ear bloodletting, as well as measurement of the chakras meridians, which resulted all in 1 in 8. After the treatment with crystal-based and homeopathy medication, Chinese dietary counselling and auricular acupuncture, the redness in the eyes of the first patient gradually decreased diminishing the use of eye drops. The treatment with auricular acupuncture, apex ear bloodletting and Chinese dietary counselling diminished the redness in the eyes of the second patient. The use of crystal-based medications for the chakras was not initiated in the second case.

Conclusion: To better treat the chronic conjunctival hyperemia, it is important to search for the root of the problem, which may be the deficiency of the chakras center meridians, not only treating the symptoms to relieve the discomfort.

Biography

Huang Wei Ling has completed her Graduated in Medicine in Paraná, Brazil. She is the Owner of the Medical Acupuncture and Pain Management Clinic and since 1997 have been presenting her work worldwide with the approach and treatment of all diseases of the human body in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.

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