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## Case Report: Conservative Management of Ring and Little Finger Carpometacarpal Joint Dislocation

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This is a case of right ring and little finger carpometacarpal joint dislocation managed with conservative care following early presentation and accurate identification of the injury. It is a rare injury that can be easily missed with the need for operative intervention if there is a delayed diagnosis. The dislocation was reduced and retained with an ulnar gutter splint using plaster of paris extending from the mid-forearm to the metacarpophalangeal joints. Caution and repeated radiological assessment are advised to ensure that the reduction has been maintained. Follow-up at one week and four weeks post-injury showed no pain or deformity, with a normal range of motion in the affected joints.

## **Biography**

Dr Oluwatobi Shekoni is a Clinical Fellow at Betsi Cadwaladr University Health Board in the Glan Clwyd hospital. She has at least 8 published papers. Through his work he hopes that her research activity would be valuable to help people all over the world.

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