

4th Euro-Global Congress on

Psychiatrists & Forensic Psychology

November 10-11, 2016 Alicante, Spain



Doris D'Hooghe

EMDR Practitioner, Belgium

Early attachment trauma and the impact on child's development

It is important to broaden our vision on attachment trauma, by pointing out the importance of the quality of parenting as an indicator to develop a secure attachment relationship. This quality mainly depends on the caregivers' ability to mentalize, regulate, contain, play, and so on. The absence of these features causes traumatic stress in the child and impacts his psychological and neurological development and the possibility to attach. Thus, it is important that we are aware of the relationship between early attachment trauma (EAT) and affect dysregulation and dissociation. The seriousness depends on the early age of the child, an immature coping mechanism, the child's different experience of danger, the stress level of adverse experiences and the caregiver as the source of trauma. We can consider dissociation and affect dysregulation as complex adaptation to trauma. In addition, when the child is not able to manage distress, it lacks the capability to integrate the experiences. Dissociation and inadequate self-regulation interfere with one another and impact the development of the sense of self. By raising awareness amongst caregivers and clinicians about EAT and the severe consequences, new therapeutic opportunities could be developed.

Biography

Doris D'Hooghe is Graduated in Psychiatric Nursing. She has 22 years of experience as a Psychotherapist and child therapist. From 1980 until 1990, she worked in the Psychiatric Ward at the Onze-Lieve-Vrouw Hospital in Knokke. In recent years, she has worked as a therapist in the ergotherapy department and was in part responsible for the implementation of a treatment and work model for patients.

doris.dhooghe@skynet.be

Notes: