

2nd International Conference on

Adolescent Medicine and Child Psychology

October 06-07, 2016 London, UK

Pattern of Psycho- physiological changes among students involved in a love affair and not involved in a love affair

Sushmitha S, Rajajeyakumar M, Sukumaran Annamalai and Gurudatta S Pawar
Dr. MGR Medical University, India

College students in committed relationships experience greater well-being than single college students. Although the relationship between spousal status and well-being has received substantial thinking, minor thoughtfulness has been given to the possible benefits of other bound relationships. Many persons experience this fluctuating period from adolescence to adulthood in the background of college. The personalized and contextual changes that occur throughout college push to the forefront a number of behaviors that can increase risk for negative physical and mental health outcomes. Addiction is associated with negative consequences including academic barrier, health and psychosocial problems, high-risk sexual behavior. College students in committed inter relationships experience less health problems than single college students engage in uncommon risky behaviors and that their level of contract in risky behavior mediates the association between relationship status and health. Perhaps the pettiest explanation is that they simply have less time to devote to risky behaviors. Another possibility is that obsession behavior is unable to keep the relationship around and is thus more likely to be single. We cannot rule out the possibility that individuals who have poor physical and mental health commit in more risky style and thus do not enter or stay in committed relationships. Recent research suggests that relationship status continues to account for different variance in well-being even when controlling for relationship satisfaction. We recommend that longitudinal from a nationally representative sample to examine the relationship among psychological wellbeing, relationship quality, and relationship status. In summary, risky behavior could act as a mechanism that explains a great deal of diversion in the physical and mental health of college students.

Biography

Sushmitha Sreekumar is presently pursuing MBBS at Chennai Medical College and Research Centre, Trichy-621105, affiliated by Dr. MGR Medical University, Tamil Nadu, India.

rajakumar60@gmail.com

Notes: