

2<sup>nd</sup> International Conference on

# Adolescent Medicine and Child Psychology

October 06-07, 2016 London, UK

## Effect of domestic violence and its treatment with the EMDR protocol

**Fantinati Mara**

Villa Igea Psychiatric Hospital, Italy

Domestic violence can cause irreparable damage to the growth of a child. The presentation of a single case treated with EMDR aims to observe the impairment of cognitive and social functions in an eight-year old child following his mother's murder at the hands of her former companion and the impact of cognitive restructuring and the reacquisition of confidence in him/herself and in others following the intervention with an EMDR protocol. The study made use of diagnostic assessment tests administered to either the father (Questionnaire on Child Behavior 6-18 CBCL) or the child, aimed at investigating the cognitive (Raven Matrices CPM-47 Colored) emotional (Scale assessment of the Depressive States SVSD, Children's Depression Inventory CDI, SAFA, Test of Emotion Comprehension TEC) and dissociative areas concerning the impact of the trauma (Revised Child impact of Event Scale CRIES-13, Adolescent dissociative Experience Scale a-DES 1.0). The psychotherapeutic treatment focused on the use of an EMDR protocol avoided a block in the child's development and effectively outlined the strengthening of the personal and social skills required by the child to work through the trauma and cope with growing up.

### Biography

Fantinati Mara has completed her Master's degree from Bologna University of Psychology and Cognitive Behavioral Psychotherapy studies from StudiCognitivi Psychotherapy Training Institute and Research Center. She leads group of cognitive psychotherapy at the Villa Igea Psychiatric Hospital in Modena. She has perfected the study of trauma and dissociation at the Trauma Unit (Tavistock and Portman NHS Foundation Trust, London-UK) and at the Center for Behavior Research and Therapy (DABATEM, Istanbul-TR). She is member of Trauma Research Group at StudiCognitivi.

mara.fantinati@gmail.com

Notes: