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Cyber-trauma: The impact of the online world on the developing brain and interpersonal struggles of children, young people and adults too

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Cyber-trauma is a theoretical integration of child psychotherapy, psychobiology and neuroscience that takes account of the myriad of interactions with cyberspace and the traumas that can result with and from this medium. Specialist areas to be covered are graphic images, cyber-bullying in all formats and sexual issues and/or abuse e.g. CSA/CSE. The research is currently highlighting deficits of knowledge with professionals who work with children and adolescents due to the speed of ever advancing technology. This is a new and emerging field of study and one that takes account of all aspects of screen and electronic sources of connection and abuse. This is synthesized to provide a theory of trauma, abuse, recovery and resilience. This is a must for anyone who cares for, works with a child or anyone with any internet ready device.

Biography

Catherine Knibbs has completed her MSc in Child and Adult Integrative Psychotherapy at Newman University in 2016. She has a BSc (Hons.) in Psychology and PG Dip. in Psychotherapy. She is a Child Trauma Psychotherapist and is accredited and registered with BACP and UKCP. She is a CEO and Director of PEER Support Yorkshire CIC and is the only Cyber-Trauma Researcher, Consultant and Public Speaker.

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