

JOINT EVENT

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Assessment of temperament and character dimensions in patients diagnosed with depression**Anna Burkiewicz**

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The aim of this study was to assess temperament and character traits in a group of patients diagnosed with depression. To evaluate temperament traits the Temperament and Character Inventory created by Cloninger was used. The inventory based on Cloninger's psychobiological model that identifies four dimensions of temperament (Novelty seeking NS, Harm Avoidance HA, Reward Dependence RD and Persistence) and three dimensions of character (Self-Directedness SD, Cooperativeness C and Self Transcendence ST). The study included 30 patients diagnosed with depression and 30 individuals from control group. Results: Patients diagnosed with depression obtained higher scores in HA dimension and lower scores in scales NS and SD.

Recent Publications:

1. Ando, J., Suzuki, A., Yamagata, S., Kijima, N., Maekawa, H., Ono, Y. & Jang, K.L. (2004). Genetic and environmental structure of Cloninger's temperament and character dimensions. *Journal of Personality Disorders*, 18, 379:393.
2. Cloninger, C.R. (1986). A unified biosocial theory of personality and its role in the development of anxiety states. *Psychiatric Developments*, 3, 167:226.
3. Cloninger, C.R. (1997). A psychobiological model of personality and psychopathology. *Journal of Psychosomatic Medicine*, 2, 91:102
4. Dragan, W. Ł., Oniszczenko, W. (2006). Association of a functional polymorphism in the serotonin transporter gene with personality traits in females in a Polish population. *Neuropsychobiology*, 54, 45:50.
5. Hajirezaei S, Mohammadi A, Soleimani M, Rahiminezhad F, Mohammadi MR, Cloninger CR. (2017). Comparing the Profile of Temperament and Character Dimensions in Patients with Major Depressive Disorder and Bipolar Mood Disorder with a Control Group. *Iran J Psychiatry*. . Jul;12(3):147:153.

Biography

Anna Burkiewicz has completed her PhD at the age of 31 years from Medical University of Gdańsk. She is the director of Department of Clinical Psychology at Medical University of Gdańsk. She works as a psychotherapist and clinical psychologist at Adult Psychiatry Clinic at the University Clinical Center. Anna Burkiewicz has her expertise in evaluation and passion in improving the mental health and wellbeing. She has published more than 15 papers in reputed journals in the field of clinical psychology and mental health.

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