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29<sup>th</sup> International Conference on

## **Adolescent Medicine and Child Psychology**

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### The relationship of family factors with schizophrenia relapse (recurrence)

Aim: Since the high degree of knowledge and, family effects are as two factors in family members confrontation or facing with schizophrenics, creation of suitable family atmosphere and, decreasing of schizophrenia relapse (recurrence) – both on in-patients and, out-patients -, then, teaching of the family members especially, parents; based on a standard provided notebook or, guide book at classical, roleplaying and, workshop situation or, condition is an unavoidable element of schizophrenia management and even, in its partial treatment beside its pharmacotherapy.

**Methodology:** Meta-analysis of retrospective descriptive study (Verbal and, non-verbal family quality in confrontation or, facing with schizophrenics index content-related reliability questionnaire; Families' member questionnaire of relationship and, quality of confrontation or, facing with schizophrenia and, schizophrenics evaluation; and, Schedule of reducing, duration and, severity factors of anger or, rage and, aggression factors in schizophrenics).

**Result:** By notice to this subject that taking advantage of the experiences of members of the informed groups, auditory and, visual awareness and, assertion of the family members to manage of prevention, rehabilitation and, treatment of schizophrenia is necessary part of their Treatment Plans; so, teaching of schizophrenics' close members especially, their family members for inhibition of their emotionally expresses – both normal and, schizophrenic patients -, awareness to their needs – both parents, family members and, schizophrenics and, comparison of these together –, affections, feelings and, sensations, playing a key role to prevent of relapse (recurrence) of the illness. For reaching to this point and, level; teaching themes must be consider educational and, training dimensions of the schizophrenics.

#### Biography

Prof. Dr. C.P Abdolrasoul Aleezaadeh completed his Post Doctorate in (Psychology) at Approach of: Applied Clinical Cognitive Neuropsychology from USA. Prof. Dr. Aleezaadeh Completed his PhD Degrees in Psychology at the USA. He completed his master's Degree in Clinical Psychology at I. R. of the IRAN and bachelor's Degree in General Psychology at I. R. of the IRAN. He is Full Expert International Faculty Professorship Member in the Brooklyn Central University, the USA, Associate Expert International Faculty Professorship Member in the University of Pacific Albion, the USA and, Associate Expert International Faculty Professorship Member in the Green Lake (Green Lake) University, the USA. Now he is working as an Assistant Professor at P.N.U and, U.A.S.T Universities; I.R. of IRAN.

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